

Changes

3 Doors Down

Afinação: E-B-G-D-A-D

Intro/Verso:

```

|-----0-----0-----|
|-----10-----8-----10-----8-----8---8-10-11-10~~-----|
|-----10-----9-----10-----9-----9-----|
|-----0-----10-----0-----10-----|
|-----|
|--0-----|

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|-----|
|-----|
|-----|
|-----3-----2-----32/3-----|
|---3---3---2-----32/3-----|
|-3---3---2-----32/3-----|

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I m not supposed to be scared of anything
 But I don t Know where I am
 I wish that I could move but I m exhausted
 and nobody understands (how I feel)
 I m trying hard to breathe now
 But there s no air in my lungs
 There s no one here to talk to
 And the pain inside is making me numb

Am G
 Try to hold this under control.
 Am G
 You can t help me,cause no one knows

Refrão:

```

|-----|
|-----|
|-----|
|-0~~-10-12--7-8-5---7-8-10-12-0-----|
|-0~~-10-12--7-8-5---7-8-10-12-0-----|
|-0~~-10-12--7-8-5---7-8-10-12-0-----|

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Now I m goin through changes, changes
 God , I feel so frustrated lately
 When I get suffocated, save me
 Now I m goin through changes, changes

```

|-----0--0--0--0-----|
|-----10-10-10-10-----|
|-----10-10-10--9-----|

```

| -0-----|
| -0-----|
| -0-----|

Verso:

| ---0-----0-----|
| ---10-----8-----10-----8-----8--8-10-11-10~~-----|
| -----10-----9-----10-----9-----9-----|
-----0-----10-----0-----10-----
--0-----

-----3-----2-----32/3-----
--3-----3--2-----32/3-----
-3-----3--2-----32/3-----

Feelin weak and weary
Walkin through this world alone
Everything they say every world of it
Cuts me to the bone, (and I bleed)
I ve got something to say
But now I ve got nowhere to turn
It feel like I ve been buried
Underneath all the weight of the world

Am G
I try to hold this under control
Am G
They can t help me, cause no one knows

Refrão:

-0~-10-12--7-8-5---7-8-10-12-0-----
-0~-10-12--7-8-5---7-8-10-12-0-----
-0~-10-12--7-8-5---7-8-10-12-0-----

Now I m goin through changes, changes
God , I feel so frustrated lately
When I get suffocated, save me
Now I m goin through changes, changes

| -----0--0--0--0-----|
| ---10-10-10-10-----|
| ---10-10-10--9-----|
| -0-----|
| -0-----|
| -0-----|

|--0--0--0--0-|
|-10--8--7--5-|
-10--9--7--5-

|-----|
|---3---5--5/7-----|
-/3---5---5/7-----

G Am D C
I m blind and shakin , bound and breakin
D C D C
I hope I ll make it, through all these changes

Refrão:

-0~--10-12--7-8-5---7-8-10-12-0-----
-0~--10-12--7-8-5---7-8-10-12-0-----
-0~--10-12--7-8-5---7-8-10-12-0-----

Now I m goin through changes , changes
God I feel so frustrated latelay
When I get suffocated, save me
Now I feel apart, now I feel it

But I m going through changes, changes

--24~~~~-----22-19-17-15-14-12-----

God I feel so frustrated latelay
And I get suffocated, I hate this
But I m going through changes , changes.