

Help Me

7eventh Time Down

[Intro]

| **Bm** / / / | **D** / / / | **A** / / / | **E** / / / |

[Verse 1]

Bm **D**
Pouring out my heart, it s broken
A **E**
In pieces again, still breaking at the bends
Bm **D**
Tears fallin from my eyes, from coping
A **E**
Will the cycle end, I m thinking I just need a friend

[Pre-Chorus 1]

Bm **D**
Same brain, different day
A **E**
Everybody says that it just takes faith
Bm **D**
My life s crushing me
A **E**
Looking for a reason to believe
N.C.
God I need a breakthrough, so

[Chorus]

Bm
Help me, help me
D
I don t have the words to say
A
Help me, help me
E
I m tired of locking my own chains
Bm **D**
How can I survive?
A
This life, dying to thrive
E
Help me, help me

[Post-Chorus]

Bm

I need a breakthrough

Bm

So would you come through

Bm

I need a breakthrough

Bm

Oh come on

[Verse 2]

Bm

D

Every single day, they re fighting

A

E

The voices in my head, that won t let me forget

Bm

D

No hole deep enough to bury the demons I m hiding

A

E

The blurry side of me, I hope you never see

[Pre-Chorus 2]

Bm

D

Same shame, different day

A

E

Everybody says that it just takes faith

Bm

D

My life s crushing me

A

E

But I finally got a reason to believe

N.C.

God I need a breakthrough, so

[Chorus]

Bm

Help me, help me

D

I don t have the words to say

A

Help me, help me

E

I m tired of locking my own chains

Bm

D

How can I survive?

A

This life, dying to thrive

E

Help me, help me

[Post-Chorus]

Bm

I need a breakthrough

Bm

So would you come through

Bm

I need a breakthrough

Bm

Oh come on

[Bridge]

Bm

I know it s not too late

D

I gotta be patient

A

You re speaking to me

E

So I m studying the language

Bm

I know it s not too late (I know it s not too late)

D

I gotta be patient (I gotta be patient)

A

You re speaking to me (You re speaking to me)

E

I need interpretation (I just need interpretation)

N.C.

God I need a breakthrough, so

[Chorus]

Bm

Help me, help me

D

I don t have the words to say

A

Help me, help me

N.C.

I m tired of locking my own chains

Bm

Help me, help me

D

I don t have the words to say

A

Help me, help me

E

I m tired of locking my own chains

Bm

D

How can I survive?

A

This life, dying to thrive

E

Help me, help me

[Post-Chorus]

Bm

I need a breakthrough

Bm

So would you come through

Bm

I need a breakthrough

Bm

Oh come on, come on

Bm

I need a breakthrough

Bm

So would you come through

Bm

I need a breakthrough

Bm

N.C.

Oh come on