

**Break**

**Alanis Morissette**

Intro: **Gbm--Bm--E--Dbm**

**Gbm Bm**

Indeed I

**E Dbm Gbm Bm**

have sucked it up to heights

**E Dbm Gbm Bm**

Unknown to those outside

**E Dbm Gbm Bm**

My body has contained and suppressed

**E Dbm Gbm Bm**

And swallowed and abetted, oh I

**E Dbm Gbm Bm**

Oh I am a stranger to myself

**E Dbm Gbm Bm**

Beneath altruism dwells

**E Dbm Gbm Bm**

A force uncontended a voice that is tempered

**E Dbm**

Too boiled and unhindered

**Gbm Bm**

Who am I kidding?

**E Dbm Gbm Bm**

I am not some Mother Theresa

**E Dbm Gbm Bm**

If I don t say something soon

**E Dbm Gbm Bm**

I will break from the weight of the high load I take

**E Dbm**

Nooooo

Indeed I need my chance to fail

Some room to unravel

I need a chance to blame for two minutes

Unbridled, unbrazened

So I need imaginings of maiming

Fantasies of outright screaming

I need a chance to thrash for minutes

Uncontained, unforgiving

(Chorus)

**D Dbm D**

I will move beyond, I m certain of that

The sooner I go the quicker I ll be back  
I would not threaten or cause you any harm  
Have to get this out or my light will go out

(Chorus)