

**Break**

**Alanis Morissette**

Intro: **Gm--Cm--F--Dm**

**Gm Cm**

Indeed I

**F Dm Gm Cm**

have sucked it up to heights

**F Dm Gm Cm**

Unknown to those outside

**F Dm Gm Cm**

My body has contained and suppressed

**F Dm Gm Cm**

And swallowed and abetted, oh I

**F Dm Gm Cm**

Oh I am a stranger to myself

**F Dm Gm Cm**

Beneath altruism dwells

**F Dm Gm Cm**

A force uncontended a voice that is tempered

**F Dm**

Too boiled and unhindered

**Gm Cm**

Who am I kidding?

**F Dm Gm Cm**

I am not some Mother Theresa

**F Dm Gm Cm**

If I don't say something soon

**F Dm Gm Cm**

I will break from the weight of the high load I take

**F Dm**

Nooooo

Indeed I need my chance to fail

Some room to unravel

I need a chance to blame for two minutes

Unbridled, unbrazened

So I need imaginings of maiming

Fantasies of outright screaming

I need a chance to thrash for minutes

Uncontained, unforgiving

(Chorus)

**Eb**

**Dm**

**Eb**

I will move beyond, I'm certain of that

The sooner I go the quicker I ll be back  
I would not threaten or cause you any harm  
Have to get this out or my light will go out

(Chorus)