

**Numb**

**Alanis Morissette**

BPM: 95

**Dm**                      **Bb**                      **Gm**                      **A7**  
I feel smothered and encumbered and defeated and drawn  
disappointed over-extended and frustrated and shaken  
this over-giving over-loving this caretaking goes on  
with no chance of intermission I ll be checked out I ll be gone

**Dm**                      **Bb**                      **Gm**                      **A7**  
Have to remove myself from sensation

**Dm**                      **Bb**                      **Gm**                      **A7**  
Here comes a feeling, I run from the feeling and reach for the drug  
can t sit with this feeling, I d rather be flying and comfortably numb

**Dm**                      **Bb**                      **Gm**                      **A7**  
I feel anxious I am nervous I am bored  
I m overwhelmed rather be out of my gourd  
Have to remove myself from sensation

(Chorus)

**Dm**    **Bb**                      **Gm**                      **A7**  
I am lonely I feel hungry and unloved  
I feel angry I am livid need a hug

(Chorus)