

Numb

Alanis Morissette

BPM: 95

Em **C** **Am** **B7**
I feel smothered and encumbered and defeated and drawn
disappointed over-extended and frustrated and shaken
this over-giving over-loving this caretaking goes on
with no chance of intermission I ll be checked out I ll be gone

Em **C** **Am** **B7**
Have to remove myself from sensation

Em **C** **Am** **B7**
Here comes a feeling, I run from the feeling and reach for the drug
can t sit with this feeling, I d rather be flying and comfortably numb

Em **C** **Am** **B7**
I feel anxious I am nervous I am bored
I m overwhelmed rather be out of my gourd
Have to remove myself from sensation

(Chorus)

Em **C** **Am** **B7**
I am lonely I feel hungry and unloved
I feel angry I am livid need a hug

(Chorus)