

The only way out is through ultimately
The only way out is through
The only way we ll feel better
The only way out is through ultimately

BRIDGE:

F **Dm**
We could just walk away and hide our heads in the sand

F **Dm** **F** **C**
We could just call it quits only to start all over again, with somebody else

Verse 3:

Every time we re stuck in struggle I m down for the count that day
Every time I dream of quick fix I m assuaged
Now I know it s hard when it s through and I m damned if I don t, no quick fix
way
What formerly was treatment silent s now outdated

My tendency to want to run feels unnatural now
The urgency to want to give to you what I want most feels good and I know

CHORUS:2x

The only way out is through
The faster we re in the better
The only way out is through ultimately
The only way out is through
The only way we ll feel better
The only way out is through ultimately