

**I Cant Hold Back**  
**Alexz Johnson**

I Can t Hold Back written by Alexz Johnson

Intro: **G. Cadd9** x2

**G** **Cadd9**  
On the move, these old steel tracks  
**D** **G**  
Gonna make an escape and I m never gonna come back  
**G** **Cadd9**  
My heart can t take another heartache  
**D** **G**  
I wouldn t swear on my grandmas grave I couldn t do that

**Am** **Em**  
I know that I m talking way too much  
**Am** **D**  
Cause baby I m helpless in your touch

**G**  
When my heart is skips and my soul gets lit  
**D**  
And my stomach turns like a fighters fist  
**Cadd9**  
I can t hold back, forgive me I can t  
**Cadd9**  
I can t hold back, forgive me I can t  
**G**  
It s killing killing all the things I could say  
**D**  
But my tongue gets tied when you re in the way  
**Cadd9**  
And I can t hold back, forgive me I can t  
**Cadd9**  
I can t hold back, forgive me I can t

**G, Cadd9** x2

**G**  
What s there to do?  
**Cadd9**  
You re breaking through  
**D** **G**  
And like all good things God forbid I take a chance on you  
**G** **Cadd9**  
I told myself a thousand times  
**D** **G**

Make him look you in the eye so you know you shouldn't waste your time

**Am** **Em**  
Forgive me I'm nervous it's all so new  
**Am** **D**  
I shouldn't let you close but I know it's what you're here to do

**G**  
When my heart skips and my soul gets lit  
**D**  
And my stomach turns like a fighter's fist  
**Cadd9**  
I can't hold back, forgive me I can't  
**Cadd9**  
I can't hold back, forgive me I can't  
**G**  
It's killing killing all the things I could say  
**D**  
But my tongue gets tied when you're in the way  
**Cadd9**  
And I can't hold back, forgive me I can't  
**Cadd9**  
I can't hold back, forgive me I can't

**G, Cadd9**  
I Can't  
**G, Cadd9**

**Am** **Em** **Cadd9** **G**  
Before it all falls down upon you  
**Am** **Em** **Cadd9** **D**  
You give in 'cause you know you have to

**G**  
When my heart skips and my soul gets lit  
**D**  
And my stomach turns like a fighter's fist  
**Cadd9**  
I can't hold back, forgive me I can't  
**Cadd9**  
I can't hold back, forgive me I can't  
**G**  
It's killing killing all the things I could say  
**D**  
But my tongue gets tied when you're in the way  
**Cadd9**  
And I can't hold back, I can't hold back  
**Cadd9** **G**  
Forgive me I can't,  
**Cadd9** **G** **Cadd9**  
Forgive me I can't

**G.Cadd9** x2 end on **G**