

Therapy
All Time Low

All Time Low
Nothing Personal
Therapy
Tuning: DROP D
If you re playing with two guitarists
then just one guitar needs to be drop D,
the distorted one. The one that plays the
arpeggios can be standard, but the tabs here
are all for drop D.

[Intro]

A	D	F#m	E	D
-----2h3-2-----0---	-----2h3-2-----0---	-----2-----2---	-----2-----2---	-----2h3-2-----0---
---2-----2---2-	---2-----2---2-	---2---2-----2---2-	---2---2-----2---2-	---2-----2---2---
-----	---0-----	-----	-----	---0-----
---0-----	-----	-----	-----	-----
-----	-----	---4-----2-----	-----	-----

[Verse]

(Same pattern. Start strumming on the *F#m)

A	D
My ship went down in a sea of sound	
F#m	E D
When I woke up alone I had everything	
A	D
A handful of moments I wished I could change	
F#m	E D
And a tongue like a nightmare that cut like a blade	
A	D
In a city of fools I was careful and cool	
F#m	E D
But they tore me apart like a hurricane	
A	
A handful of moments	
D	*F#m E D
I wish I could change but I was carried away	

[Chorus]

A
Give me therapy
E F#m

I m a walking travesty

D

But I m smiling at everything

A **E** **F#m**

Therapy, you were never a friend to me

D

And you can keep all your misery.

A

D

F#m

E

D

-----	-----	-----	-----
-----2h3-2---0---	-----2h3-2---0---	-----2-----2---	-----2h3-2---0---
---2-----2-	---2-----2-	---2---2---2---2-	---2-----2-
-----	-----0-----	-----	-----0-----
-----0-----	-----	-----	-----
-----	-----	-----4-----2-----	-----

[Verse 2]

(Same pattern above)

A

My lungs gave out

D

As i faced the crowd

F#m

E

D

I think that keeping this up could be dangerous

A

I m flesh and bone

D

I m a rolling stone

F#m

E

D

and the experts say I m delirious

[Chorus]

(powerchords)

A

Give me therapy

E

F#m

I m a walking travesty

D

But I m smiling at everything

A **E** **F#m**

Therapy, you were never a friend to me

D

And you can take back your misery

[Bridge]

Bm

A

Arrogant boy, love yourself so no one has to

E

They re better off without you

E4

E

(They re better off without you)

Bm

A

Arrogant boy, cause a scene like you re supposed to

F#m

They ll fall asleep without you

D

A

You re lucky if your memory remains

[Chorus]

A

Give me therapy

E

F#m

I m a walking travesty

D

But I m smiling at everything

A

E

F#m

Therapy, you were never a friend to me

D

And you can take back your misery

A

Therapy

E

F#m

I m a walking travesty

D

But I m smiling at everything

A

E

F#m

Therapy, you were never a friend to me

D

And you can choke on your misery.

[Outro]

A

D

F#m

E

D

-----	-----	-----0-
-----2h3-2---0---	-----2h3-2---0---	-----2-----2-----3-
---2-----2-	---2-----2-	---2---2-----2---2---2-
-----	-----	-----0-
-----	-----	-----
-----	-----	-----4-----2-----

| h hammer-on
