

Everybody Wants To Talk About Mental Health  
Apologies I Have None

Cm

Goal

E B A  
Motion is my one and only goal

C#m  
Stagnation is the deepest fear I hold

E B A  
Waves of indecision they make short work of these plans

B C#m  
And wash away the walls of my resolve

B  
I guess nothing lasts

A  
Nothing lasts

C#m  
And so it goes

B  
But is anyone themselves

A  
Bound to current trends for beauty

C#m  
Shackled to the never ending scramble for wealth?

B A  
Yeah I d love to remember a single time that I was a real person but

B C#m  
I m not convinced that I ever really was

B  
I guess nothing lasts

A C#m  
Nothing lasts

B  
I guess nothing lasts

A  
Nothing lasts

C#m  
I know it s fucked up

E  
I know it s a cold cold world

B  
Turn our backs and leave

A  
We could just turn our backs and leave

C#m  
Is it worth it

**E**

The fight?

**B**

**A**

The pushing back against the constant caving in of life?

**B**

When all our epitaphs will read the same

**A**

When our time has passed

**B**

**A**

Here lies one whose name was writ in water

**A**

I guess nothing lasts

**C#m**

I know it s fucked up

**E**

I know it s a cold cold world

**B**

Turn our backs and leave

**A**

We could just turn our backs and leave

**C#m**

I know I fucked up

**E**

A cruel man in a cold cold world

**B**

So turn your back and leave

**A**

You can just turn your back and leave

**C#m**

Now everybody wants to talk about mental health

Like everybody thinks by talking they can

**A**

Work their problems out

**E**

**B**

I ve never been one for talking about myself

**C#m**

So if talking is the only way to solve this

I don t want to sort it out

**A**

I ll keep it in

Chew it up

**C#m**

Spit it out with unwanted aggression

I ll be like, test me and see what happens

**A**

**E**

I am dying to see that happen

**B**

**C#m**

I am dying to see that happen