Alone In A Room
Asking Alexandria

[Intro]

E C#m G#m F#m
E C#m G#m

[Verse 1]

```
            E
I ve been away, a little while
     C#m
Sometimes I just can t help myself
        G#m
When my mind s running wild
           F#m
I seem to lose grip on reality
      E
And I try to disregard
          C#m                        G#m
The crazy things the voices tell me to do
            F#m
But it s no use
```


[Pre-Chorus 1]

```
E                      C#m
  I tried to own it, write songs about it
G#m                        F#m
  Believe me, I tried, in the end, I needed to breathe
E                  C#m
  Find inspiration, some kind of purpose
G#m                        F#m                  E C#m G#m
  To take a second to face what makes me, me
```


[Chorus]

```
E                        C#m
  All I needed was the last thing I wanted
G#m                      F#m                      E
  To sit alone in a room and say it all out loud
                    C#m
Every moment, every second, every trespass
G#m                    F#m                    E
  Every awful thing, every broken dream
```

```
                        C#m
A couple of years back and forth with myself in a cage
G#m                            F#m
  Banging my head  gainst the wall, tryna  put words on a page
E                      C#m
  All I needed was the last thing I wanted
G#m                       F#m
  To sit alone in a room, alone in a room


[Verse 2]

            E
I see the world a couple of times
          C#m
Tried to cure the ache with absence
          G#m
But that hole was still a hole
        F#m
And my mind kept playing tricks on me
          E
Feeling older every day
          C#m                            G#m
Took everything I had to not crash and burn
                            F#m
But I m starting to learn


[Pre-Chorus 2]

E                              C#m
  Sometimes I ll fall down, sometimes I ll lose hope
G#m                            F#m
  But those days will be few if I keep my feet on the ground
E                    C#m
  I might be lonely, but I ain t alone here
G#m                              F#m                      E C#m G#m
  So I keep pushing the limits of what makes me, me


[Chorus]

E                              C#m
  All I needed was the last thing I wanted
G#m                      F#m                            E
  To sit alone in a room and say it all out loud
                          C#m
Every moment, every second, every trespass
G#m                  F#m                      E
  Every awful thing, every broken dream


                          C#m
A couple of years back and forth with myself in a cage
```

```
G#m                                    F#m
  Banging my head  gainst the wall, tryna  put words on a page
E                     C#m
  All I needed was the last thing I wanted
G#m                      F#m                E C#m G#m F#m
  To sit alone in a room, alone in a room
                E C#m G#m F#m
Alone in a room


[Bridge]

        E C#m G#m
 Cause I can be
F#m
Better than I was
E C#m G#m
I can be
F#m               E
Better than I am


[Outro]

E                        C#m
  All I needed was the last thing I wanted
G#m                      F#m                      E
  To sit alone in a room and say it all out loud
                    C#m
Every moment, every second, every trespass
G#m                F#m                 E
  Every awful thing, every broken dream


                          C#m
A couple of years back and forth with myself in a cage
G#m                              F#m
  Banging my head  gainst the wall, tryna  put words on a page
E                     C#m
  All I needed was the last thing I wanted
G#m                      F#m                E C#m G#m F#m
  To sit alone in a room, alone in a room
              E C#m G#m
Alone in a room
```