```
Lifts You Up
Beth Hart
```

Lifts You Up lyrics

Songwriters: Thiele, Robert; Sutton, Gregg; Hart, Beth;

Intro:

Stole the outside runnin into the sun

I m alive, I´m loud, as a golden gun

I killed my pride, so once again I d see

Live and learn, youÂ've fallen one thousand times

I feel the burn, there s fire from a crazy sky

Sealed concern, so once again I d be

Вb

And it lifts you up, then it puts you down

And it feeds you life, then it lets you drown

While it holds your heart and it slowly tears you apart

Bb

And you know that life is what I mean

Oh, yeah, yeah, if I could

You know, I d stand on the rock

Where Jesus stood, innocence and evil bad

And good, and good walkin side by side, all right, all right, all right

And it lifts you up, then it puts you down

And it feeds you life, then it lets you drown

Bb F While it holds your heart and it slowly tears you apart

 $$\operatorname{\textbf{Bb}}$$ C $$\operatorname{\textbf{F}}$$ And you know, and you know, life is what I mean

Dm Bb

We got a way of makin up our minds

Dm F

How could I run? Just leave it all behind

Bb Dm F

When it breaks me up inside, still I refuse to hide

Bb C Bb

And it is, just what it is and that s all right

Bb E

And it lifts you up, then it puts you down

!

And it feeds you life, then it lets you drown

Bb Dm F

While it holds your heart and it slowly tears you apart

Bb (

And you know, and you know and you know

Bb F

Then it lifts you up, then it puts you down

]

Then it feeds you life, then it lets you drown

Bb Dm F

While it holds your heart and it slowly tears you apart

Bb C F

And you know and you know, life is what I mean

And you know and you know, you know, life is what I mean

Bh C F

And you know and you know and you know, life is what I mean