

Fear
Blue October

FEAR - Blue October
<http://youtu.be/bZVQoWUY97s>

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CAPO 2
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==VERSE==

G **D**
All my life been running from a pain in me
C **D**
A feeling I don t understand holding me down
G **D**
So, rain on me underwater, all I am, getting harder
C **D**
A heavy weight I carry around.

==PRE-CHORUS==

C
Today
G **D** **C**
I don t have to fall apart
G **D** **C**
I don t have to be afraid
G **D** **C**
I don t have to let the damage consume me, my shadow see through me

==CHORUS

C **D** **Em** **D**
Fear in itself will reel you in and spit you out
C
Over and over again
D **G**
Believe in yourself and you will walk
C **D** **Em** **D**
Fear in itself will use you up and break you down
C
like you were never enough
D **G**
Yeah I used to fall, now I get back up.

==VERSE==

G **D**
I m up here, I m looking at the way down there
C **D**
And I m staring through the I don t care, it s staring back at me
G **D**
You see, the beauty is I m learning how to face my beast
C **D**
Starting now to find some peace; set myself free, yeah

==PRE-CHORUS==

C
Today
G **D** **C**
I don t have to fall apart
G **D** **C**
I don t have to be afraid
G **D** **C**
I don t have to let the damage consume me, my shadow see through me

==CHORUS

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Over and over again
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Fear in itself will use you up and break you down
C
like you were never enough
D **G**
Yeah I used to fall, now I get back up.

==BRIDGE==

D
You see, I m moving on
Em **D**
Oh god just move on
G
La, ha-ah ha-ah, ha
D
La, ha-ah ha-ah, ha
Em **D**
La, ha-ah ha-ah, ha

==PRE-CHORUS==

C
Today

G **D** **C**
I don t have to fall apart
G **D** **C**
I don t have to be afraid...

==CHORUS 2==

C **D** **Em** **D**
And get back up; Get up, up
C **D** **G**
Fear, Fear, Oh, no no no
C **D** **Em**
Fear, fear in itself will use you up
 D **C**
And it breaks you down just like you re never enough
 D **G**
Yeah, I used to fall...

==OUTRO==

G
So breathe,
 D
Ask for more
 Em
if you re bitter still
 D
Ask him to help you carry on.