

Fear
Blue October

FEAR - Blue October
<http://youtu.be/bZVQoWUY97s>

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CAPO 2
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==VERSE==

G# **Eb**
All my life been running from a pain in me
C# **Eb**
A feeling I don t understand holding me down
G# **Eb**
So, rain on me underwater, all I am, getting harder
C# **Eb**
A heavy weight I carry around.

==PRE-CHORUS==

C#
Today
G# **Eb** **C#**
I don t have to fall apart
G# **Eb** **C#**
I don t have to be afraid
G# **Eb** **C#**
I don t have to let the damage consume me, my shadow see through me

==CHORUS

C# **Eb** **Fm** **Eb**
Fear in itself will reel you in and spit you out
C#
Over and over again
Eb **G#**
Believe in yourself and you will walk
C# **Eb** **Fm** **Eb**
Fear in itself will use you up and break you down
C#
like you were never enough
Eb **G#**
Yeah I used to fall, now I get back up.

==VERSE==

G# **Eb**
I m up here, I m looking at the way down there
C# **Eb**
And I m staring through the I don t care, it s staring back at me
G# **Eb**
You see, the beauty is I m learning how to face my beast
C# **Eb**
Starting now to find some peace; set myself free, yeah

==PRE-CHORUS==

C#
Today
G# **Eb** **C#**
I don t have to fall apart
G# **Eb** **C#**
I don t have to be afraid
G# **Eb** **C#**
I don t have to let the damage consume me, my shadow see through me

==CHORUS

C# **Eb** **Fm** **Eb**
Fear in itself will reel you in and spit you out
C#
Over and over again
Eb **G#**
Believe in yourself and you will walk
C# **Eb** **Fm** **Eb**
Fear in itself will use you up and break you down
C#
like you were never enough
Eb **G#**
Yeah I used to fall, now I get back up.

==BRIDGE==

Eb
You see, I m moving on
Fm **Eb**
Oh god just move on
G#
La, ha-ah ha-ah, ha
Eb
La, ha-ah ha-ah, ha
Fm **Eb**
La, ha-ah ha-ah, ha

==PRE-CHORUS==

C#
Today

G# Eb C#

I don t have to fall apart

G# Eb C#

I don't have to be afraid...

==CHORUS 2==

C# Eb Fm Eb

And get back up; Get up, up

C# Eb G#

Fear, Fear, Oh, no no no

C# Eb Fm

Fear, fear in itself will use you up

E_b **C#**

And it breaks you down just like you re never enough

E^b G[#]

Yeah, I used to fall...

==OUTRO==

G#

So breathe,

Eb

Ask for more

Fm

if you re bitter still

Eb

Ask him to help you carry on.