

**Fear**  
**Blue October**

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FEAR - Blue October  
<http://youtu.be/bZVQoWUY97s>  
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CAPO 2  
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==VERSE==

**F#** **C#**  
All my life been running from a pain in me  
**B** **C#**  
A feeling I don t understand holding me down  
**F#** **C#**  
So, rain on me underwater, all I am, getting harder  
**B** **C#**  
A heavy weight I carry around.

==PRE-CHORUS==

**B**  
Today  
**F#** **C#** **B**  
I don t have to fall apart  
**F#** **C#** **B**  
I don t have to be afraid  
**F#** **C#** **B**  
I don t have to let the damage consume me, my shadow see through me

==CHORUS

**B** **C#** **Ebm** **C#**  
Fear in itself will reel you in and spit you out  
**B**  
Over and over again  
**C#** **F#**  
Believe in yourself and you will walk  
**B** **C#** **Ebm** **C#**  
Fear in itself will use you up and break you down  
**B**  
like you were never enough  
**C#** **F#**  
Yeah I used to fall, now I get back up.

==VERSE==

**F#** **C#**  
I m up here, I m looking at the way down there  
**B** **C#**  
And I m staring through the I don t care, it s staring back at me  
**F#** **C#**  
You see, the beauty is I m learning how to face my beast  
**B** **C#**  
Starting now to find some peace; set myself free, yeah

==PRE-CHORUS==

**B**  
Today  
**F#** **C#** **B**  
I don t have to fall apart  
**F#** **C#** **B**  
I don t have to be afraid  
**F#** **C#** **B**  
I don t have to let the damage consume me, my shadow see through me

==CHORUS

**B** **C#** **Ebm** **C#**  
Fear in itself will reel you in and spit you out  
**B**  
Over and over again  
**C#** **F#**  
Believe in yourself and you will walk  
**B** **C#** **Ebm** **C#**  
Fear in itself will use you up and break you down  
**B**  
like you were never enough  
**C#** **F#**  
Yeah I used to fall, now I get back up.

==BRIDGE==

**C#**  
You see, I m moving on  
**Ebm** **C#**  
Oh god just move on  
**F#**  
La, ha-ah ha-ah, ha  
**C#**  
La, ha-ah ha-ah, ha  
**Ebm** **C#**  
La, ha-ah ha-ah, ha

==PRE-CHORUS==

**B**  
Today

