```
Fear
Blue October
._____
                       FEAR - Blue October
                    http://youtu.be/bZVQoWUY97s
=========
  CAPO 2
=========
==VERSE==
F#
                              C#
All my life been running from a pain in me
                В
A feeling I don t understand holding me down
                         C#
So, rain on me underwater, all I am, getting harder
               C#
A heavy weight I carry around.
==PRE-CHORUS==
Today
F#
              C# B
I don t have to fall apart
I don t have to be afraid
               C#
                         В
I don t have to let the damage consume me, my shadow see through me
==CHORUS
           C#
                            Ebm
                                           C#
Fear in itself will reel you in and spit you out
Over and over again
Believe in yourself and you will walk
Fear in itself will use you up and break you down
like you were never enough
             C#
Yeah I used to fall, now I get back up.
```

```
F#
                                 C#
I m up here, I m looking at the way down there
                                                             C#
And I m staring through the I don t care, it s staring back at me
You see, the beauty is I m learning how to face my beast
Starting now to find some peace; set myself free, yeah
==PRE-CHORUS==
в
Today
F#
                 C#
I don t have to fall apart
                 C#
I don t have to be afraid
                 C#
                            В
I don t have to let the damage consume me, my shadow see through me
==CHORUS
                               Ebm
             C#
                                                 C#
Fear in itself will reel you in and spit you out
Over and over again
Believe in yourself and you will walk
                              Ebm
Fear in itself will use you up and break you down
like you were never enough
               C#
                                     F#
Yeah I used to fall, now I get back up.
==BRIDGE==
                    C#
You see, I m moving on
                 Ebm
                         C#
Oh god just move on
F#
La, ha-ah ha-ah, ha
C#
La, ha-ah ha-ah, ha
                         C#
La, ha-ah ha-ah, ha
==PRE-CHORUS==
В
```

==VERSE==

Today

F# C# I don t have to fall apart C# I don t have to be afraid... ==CHORUS 2== C# Ebm В C# And get back up; Get up, up C# F# Fear, Fear, Oh, no no no Ebm Fear, fear in itself will use you up C# And it breaks you down just like you re never enough C# F# Yeah, I used to fall... ==OUTRO== F# So breathe, C#

Ask for more

Ebm

if you re bitter still

Ask him to help you carry on.