

Fear
Blue October

FEAR - Blue October
<http://youtu.be/bZVQoWUY97s>

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CAPO 2
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==VERSE==

A **E**
All my life been running from a pain in me
D **E**
A feeling I don t understand holding me down
A **E**
So, rain on me underwater, all I am, getting harder
D **E**
A heavy weight I carry around.

==PRE-CHORUS==

D
Today
A **E** **D**
I don t have to fall apart
A **E** **D**
I don t have to be afraid
A **E** **D**
I don t have to let the damage consume me, my shadow see through me

==CHORUS

D **E** **F#m** **E**
Fear in itself will reel you in and spit you out
D
Over and over again
E **A**
Believe in yourself and you will walk
D **E** **F#m** **E**
Fear in itself will use you up and break you down
D
like you were never enough
E **A**
Yeah I used to fall, now I get back up.

==VERSE==

A **E**
I m up here, I m looking at the way down there
D **E**
And I m staring through the I don t care, it s staring back at me
A **E**
You see, the beauty is I m learning how to face my beast
D **E**
Starting now to find some peace; set myself free, yeah

==PRE-CHORUS==

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A **E** **D**
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A **E** **D**
I don t have to be afraid
A **E** **D**
I don t have to let the damage consume me, my shadow see through me

==CHORUS

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Over and over again
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Fear in itself will use you up and break you down
D
like you were never enough
E **A**
Yeah I used to fall, now I get back up.

==BRIDGE==

E
You see, I m moving on
F#m **E**
Oh god just move on
A
La, ha-ah ha-ah, ha
E
La, ha-ah ha-ah, ha
F#m **E**
La, ha-ah ha-ah, ha

==PRE-CHORUS==

D
Today

A **E** **D**
I don t have to fall apart
A **E** **D**
I don t have to be afraid...

==CHORUS 2==

D **E** **F#m** **E**
And get back up; Get up, up
D **E** **A**
Fear, Fear, Oh, no no no
D **E** **F#m**
Fear, fear in itself will use you up
E **D**
And it breaks you down just like you re never enough
E **A**
Yeah, I used to fall...

==OUTRO==

A
So breathe,
E
Ask for more
F#m
if you re bitter still
E
Ask him to help you carry on.