

Crushed And Created
Caitlyn Smith

****Capo 7****

Verse 1:

G **C** **G**
Looking back on the things that found me
Em **C**
Places I would never choose
G **C** **G**
The same things that both haunt and heal
Em **D**
My demons and my muse

Chorus:

C **G**
We are crushed and created
C **G**
We are melted and made
C **G**
We are broken and built up
D **Em**
In the very same way
C **G**
What I thought I could handle
C **G**
What I thought I could take
C **G**
What I thought would destroy me
D **Em**
Leaves me stronger in its wake

C G C G C G D

Verse 2:

G **C** **G**
And there are times that I've underestimated
Em **C**
Both the grief and goodness found in something new
G **C**
G
Where one thing dies, something else can be created
Em **D**
And though it's truth you find, it's innocence you lose

Chorus:

C **G**
We are crushed and created

C **G**
 We are melted and made
C **G**
 We are broken and built up
D **Em**
 In the very same way
C **G**
 What I thought I could handle
C **G**
 What I thought I could take
C **G**
 What I thought would destroy me
D **Em**
 Leaves me stronger in its wake

C G C G C G D
 Ooooo.

Am **C**
 I m not the me that I started with
G **D**
 My friends say my eyes are brighter
Am **C**
 I m not the me that I started with
G **D** **C**
 I m freer, and I m wiser, and I m stronger

Chorus:

C **G**
 We are crushed and created
C **G**
 We are melted and made
C **G**
 We are broken and built up
D **Em**
 In the very same way
C **G**
 What I thought I could handle
C **G**
 What I thought I could take
C **G**
 What I thought would destroy me
D **Em**
 Leaves me stronger, stronger
C **G**
 We are crushed and created
C **G**
 We are melted and made
C **G**
 We are broken and built up
D **Em**
 In the very same way

