

**My Own Worst Enemy**  
**Casting Crowns**

Hi guys! I found a couple of tabs for this song, but this way is a lot easier. I played along with the song, so I m about 99% sure it s right. The strumming is easy, just three single downstrokes and then two downstrokes on the verses, and then continual downstrokes on the pre-chorus and chorus. Rate and comment please!!!

Capo on first fret

**Em** **D**  
God help me get away

**Em** **C** **Em**  
Break the chains and set me free

**D** **Em**  
From the other side of me  
C\* (One single downstroke and stop)  
I am my own worst enemy

Intro-**Em D G C** x2

**Em**  
I caught a glimpse in my rearview mirror

**G** **D**  
Of an old familiar face

**Em**  
The very image coming in clearer

**G** **D**  
Of a past I can t erase

**C** **Em**  
I could ve sworn I put him in the ground

**Bmaj7**  
Looks like he s found his way out

**Em** **D**  
God help me get away

**Em** **C** **Em**  
Break the chains and set me free

**D** **Em** **C**  
From the other side of me

**Em** **D**  
I can t fight this fight alone

**Em** **C** **Em**  
I ll never make it on my own

**D** **Em**  
Lord Jesus rescue me

C\*

I am my own worst enemy

Fill: **Em**

**Em**

I take a step and it's right behind me

**G** **D**

Always fighting for control

**Em**

There's a war that's raging inside me

**G** **D**

I feel the battle for my soul

**C** **Em**

It's like my shadow is dragging me around

**Bmaj7**

And you are my only way out

Chorus

**Em** **C** **Em** **C**

Lord help me feed the life I'm trying to live

**D** **C**

And starve the life I'm trying to leave

**Em** **C**

Help me believe the old is dead and gone

**Bmaj7**

And I am a new creation