

**It Stops Today**  
**Colbie Caillat**

Intro 2x: **G D Em C**

**G D Em C**  
No, no, I, I, I, I, I don t want to break when I speak  
**G D**  
I don t want to shake while I m standing  
**Em**  
I don t want to crawl into another hole  
**C**  
I don t know what I m hiding for

**G D Em C**  
No, I, I, I, I, I don t want to fall when I stand  
**G D**  
I don t want to have to hold your hand  
**Em**  
I just want to be the girl I use to be  
**C**  
When I was me and worry free  
**Am D**  
And I know these burdens on my own

**G D Em C**  
But I can t keep on running no I just can t keep on running away from here  
**G D Em C**  
I know that the only way to beat it is by fighting my every fear  
**G D Em C**  
I m not going to make it til I turn around and face it alone, I know  
**G D Em**  
That I can t keep on running, no I just can t keep on running away  
**C G D Em C**  
So it stops today

**G D**  
So here I am, I m taking my first step  
**Em C**  
Thought I was losing balance but I caught myself  
**G D**  
I kind of like the challenge, no I don t need help  
**Em**  
I m going to make it past the very start  
**C**  
It s always been my hardest part

**G D Em C**  
But I, I, I, I, I am gonna stay in control  
**G D**

I must admit this crutch is getting old

**Em**

I am going to throw it right out of my hand

**C**

I m finally here, I understand

**Am**

**D**

I know I ll get there on my own

**G**

**D**

**Em**

**C**

But I can t keep on running no I just can t keep on running away from here

**G**

**D**

**Em**

**C**

I know that the only way to beat it is by fighting my every fear

**G**

**D**

**Em**

**C**

I m not going to make it til I turn around and face it alone, I know

**G**

**D**

**Em**

That I can t just keep running, no I just can t keep on running away

**C**

So it stops today

**Em**

**D**

**C**

You can hide from all the pain

**Em**

**D**

**C**

But it will find you anyway

**Am**

**D**

Yes, I know, now I know

**G**

**D**

**Em**

**C**

That I can t keep on running no I just can t keep on running away from here

**G**

**D**

**Em**

**C**

I know that the only way to beat it is by fighting my every fear

**G**

**D**

**Em**

**C**

I m not going to make it til I turn around and face it alone, I know

**G**

**D**

**Em**

That I can t keep on running, no I just can t keep on running away

**C**

So it stops today