

**Spinning
Cool for August**

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CD: Grand World
Hidden Track (starts at 13:57 on track 12)

Tabbed by Neil Crane

[Chords]

Gm	Gsus	Eb	Ebsus	F	Bbsus2	F/B	Eb5	F5	G5
-0---	0---	1--0---	3---	3---	3---	-----	-----	-----	-----
-1---	0---	1--0---	3---	3---	3---	-----	-----	-----	-----
-2---	2---	2--2---	0---	0---	0---	-----	-----	-----	-----
-2---	2---	3--3---	0---	x---	0---	3--5--	5--	5--	5--
-0---	0---	3--3---	2---	3---	2---	3--5--	7--	7--	7--
-----	-----	1--1---	3---	-----	-----	1--3--	7--	7--	7--

[Intro]

Am	F	G (orchestra played here)
-----	-----	-----
-----	-----	-----
-2--0-0-	-----	-----
-2-----	3--3--	2-2--0-0-
-0-----	3-3-	-----2--3-2-
-----	1-----	-----3-----

[Verse]

Gm	Gsus	Eb	Ebsus	F
These will	cure my	aching	head	help me see
				again
Gm	Gsus	Eb	Ebsus	F
These will	take away	the	guilt	ease my
				soul
				again
				and leave
				it in my
				fears
Gm	Gsus	Eb	Ebsus	
And I see	there s	no	where	to run
F				
Feeling	these	changes	and the	need to
				go
				alone
Gm	Gsus	Eb	Ebsus	
And I see	there s	blood	in the	sun
F				
Pouring	through	my	window	when the
				evening
				light is
				gone

[Chorus]

	Gm
And I made	a pact
	to myself
	Eb
	F
And I m	spinning
	in my
	pain
	or my
	guilt
Bbsus2	F/B
	Gm
I feel	the
	weight
	tightening

Eb **F** **Bbsus2 F/B**
When I m spinning in my pain all again

[Verse]

Gm **Gsus** **Eb** **Ebsus** **F**
Feel this when I lay my head on a nail filled bed
Gm **Gsus** **Eb** **Ebsus** **F**
These will change the way it is, break me free again, listen to my prayers
Gm **Gsus** **Eb** **Ebsus**
Oh I feel it s all in the past
F
Memory of children and the innocence I had
Gm **Gsus** **Eb** **Ebsus**
Now I feel it s oceans away
F
Unwavering conscience the decree of my strength

[Chorus]

Gm
And I made a pact to myself
Eb **F**
And I m spinning in my pain or my guilt
Bbsus2 F/B **Gm**
I feel the weight tightening
Eb **F** **Bbsus2 F/B**
When I m spinning in my pain or am I again, or am I again

[Break]

Eb5 F5 G5 F5
Eb5 F5 G5 F5

[Chorus]

Gm
I made a pact to myself
Eb **F**
And I m spinning in my pain or my guilt
Bbsus2 F/B **Gm**
I feel the weight tightening
Eb **F** **Bbsus2 F/B**
When I m spinning in my pain or am I again, or am I again

[Outro]

Gm Eb F (3x)

Am F G Am (orchestra part played here)
-----|
-----1-|
-4-5-4-5-4-5-4-----2-|
-----5-3-5-----2-|
-----2-3-2---0-|
-----3---|