

**The Abliss**  
**Days N' Daze**

[Intro]

**Am F C G** (x4)

(Strum pattern changes)

**Am F C G** (x2)

[Verse 1]

**Am** **F**  
Too many friends are asleep inside pine boxes

**C**  
Suicide by abuse of a toxins

**G**  
Cause it's easier to run away

**Am**  
Then to deal with the bullshit of the day to day

**F**  
And I really can't blame you

**C**  
Most days it's hard to find a scrap of hope

**G**  
Should've been there to help you cope, but I was locked up in the brig of the same damn boat

[Chorus]

**Am**  
Why should I sugarcoat it

**F**  
We're all gonna die

**C**  
If we escape the coarse easily coerced

**G**  
I guarantee next time

**Am** **F**  
I see you'll be strapped down to a bed

**C**  
All cloaked in white

**G**  
Rotting from the inside out beneath fluorescent lights

**Am** **F** **C** **G** **Am**  
So, for the love of god do as I say not as I do

**F** **G**  
I may not care about myself, but I care about you

**Am** **F** **C**

Kid Iâ€™ve been there and Iâ€™ve done that

**G**

**Am**

It ainâ€™t pretty it ainâ€™t worth it

**F**

**G**

So trust me stay the fuck away and youâ€™ll be o-kay

[Instrumental]

**Am F C G** x2

[Verse 2]

**Am**

**F**

These lives are only ours to live

**C**

These sins are just ours to forgive

This stigma might wear thin

**G**

A life in pain, a love in vain

The veins & skin all weathered from a pin

**Am**

You never felt desire, might cast your soul on fire

**F**

You canâ€™t understand their fear, \_\_\_\_ you refuse see them clearer

**C**

Victims of this crooked game, (all) trapped inside a world insane,

**G**

You cast aside, mere shadows in a funhouse mirror

[Chorus]

**Am**

Why should I sugarcoat it

**F**

Weâ€™re all gonna die

**C**

If we escape the coarse easily coerced

**G**

I guarantee next time

**Am**

**F**

I see you youâ€™ll be strapped down to a bed

**C**

All cloaked in white

**G**

Rotting from the inside out beneath fluorescent lights

**Am**

**F**

**C**

**G**

**Am**

So, for the love of god do as I say not as I do

**F**

**G**

I may not care about myself, but I care about you

**Am**

**F**

**C**

Kid Iâ€™ve been there and Iâ€™ve done that

**G**

**Am**

It ainâ€™t pretty it ainâ€™t worth it

**F**

**G**

So trust me stay the fuck away

And youâ€™ll be o-kay

[Instrumental]

**Am F C G** (x4)

(Strumming changes)

**Am F C G** (x2)

[Bridge]

**Am**

**F**

Lifeâ€™s a minefield a treacherous road

**C**

**G**

Call me selfish but I donâ€™t want to travel it alone

**Am**

**F**

So burn the crutches and mend the bones

**C**

**G**

Cause weâ€™ve still got so many miles to go

[Verse 3]

**Am**

**F**

Stay awake stay alive

**C**

we ve been building our demons

**G**

through the comfort of lies

**Am**

with injections and bottles

**F**

we poison the mind

**C**

but don t crumble beneath

**G**

stay awake stay alive

**Am**

**F**

Lifeâ€™s a minefield a treacherous road

**C**

**G**

Call me selfish but I donâ€™t want to travel it alone

**Am**

**F**

So burn the crutches and mend the bones

**C**

**G**

Cause weâ€™ve still got so many miles to go

**Am F**

Stay awake stay alive

**C G**

think of all of us here left behind

**Am**

I know it s painful

**F**

the sickness contrived

**C**

but you re stronger than you know

**G**

so put up a fightâ€‹

[Outro]

**Am F C G (x2)**