

Old Ways

Demi Lovato

Verse 1

Em **D**
It was fun, playin with knives
C
Until a blade
D **Em** **D**
Stuck in the left side of my chest
C **D**

Surprise

Em **D**
And I m down again, I turn the page
C
The story s mine
D **Em** **D**
No more watchin the world from my doorstep
C **D**
Passin me by

Pre-Chorus

C **D**
And I just keep changing
Em **G**
These colors, colors, colors, colors
C **D**
I m not in the same place
Em **G**
That I was, I was, I was, I was

Chorus

C
But if somebody tells me
D
I ll go back to my old ways
Em
I m gonna say no way
G
I m out of the doorway
C
I m hearin them all say
D **Em**
I ll go back to my old ways
Pause
Not goin back to my old ways

Post-Chorus

Em
Not goin back to my old ways

Em

(Not goin back to my old ways)

Verse 2

Em

D

Now I know, what s good for me

C

All that I need

D

Em

D

And I can t wait to sink my teeth in

C

D

And take another bite

Em

D

And the best part about it

C

D

Is I m the only one who can do somethin about it

Em

D

I fill the well with some water , it s overflowing

C

Black into gold

D

Who knew it d be so bright without the blindfolds

Pre-Chorus

C

D

And I just keep changing

Em

G

These colors, colors, colors, colors

C

D

I m not in the same place

Em

G

That I was, I was, I was, I was

Chorus

C

But if somebody tells me

D

I ll go back to my old ways

Em

I m gonna say no way

G

I m out of the doorway

C

I m hearin them all say

D

Em

I ll go back to my old ways

Pause

Not goin back to my old ways

Post-Chorus

Em

Not goin back to my old ways

Em

(Not goin back to my old ways)

Bridge

C **D**

Every scar

Em **G**

The flames burn the mark

C **D**

I m not afraid to fall

Em

I m spiraling

I m spiralling

C **D**

I pass the stars

Em **G**

I m not burning out

C **D**

I m not afraid to fall

Em

I m not afraid anymore

Pre-Chorus

C **D** **Em** **G**

And I just keep changin my colours

C **D** **Em**

I m not in the same place that I was, I was

Bridge

C **D**

And the best part about it

Em **G**

Is I m the only who can do somethin about it

C **D**

I fill the well with some water , it s overflowing

Em

Black into gold

Who knew it d be so bright without the blindfolds

Pre-Chorus

C **D**

And I just keep changing

Em **G**

These colors, colors, colors, colors

C **D**

I m not in the same place

Em **G**

That I was, I was, I was, I was

Chorus

C

But if somebody tells me

D

I ll go back to my old ways

Em

I m gonna say no way

G

I m out of the doorway

C

I m hearin them all say

D

Em

I ll go back to my old ways

Pause

Not goin back to my old ways