

Pleasure And Pain
Fairport Convention

[Intro]

D

[Chorus]

A

Pleasure and pain is like profit and gain

B7

E7

Sometimes you win and sometimes you lose

D

A

Be kind to yourself when you re tired of yourself

E

A

Don t go mixing the reds along with the blues

[Verse]

D

G

The coach that I ride has a horseman who s tired

D

A

E

The reins to his hands they are tied

A

D

G

The one to alight, if he s lucky, he might

D

A

E

Learn to slow down and drift with the tide

[Chorus]

D

A

Pleasure and pain is like profit and gain

B7

E7

Sometimes you win and sometimes you lose

D

A

Be kind to yourself when you re tired of yourself

E

A

Don t go mixing the reds along with the blues

[Verse]

D

G

It s ever so low when there s nowhere to go

D

A

E

And your spirit lies close to the ground

A

D

G

Take a long look behind, I m sure you ll find

D

A

E

A friend there who ll help pull you round

[Chorus]

D

A

Pleasure and pain is like profit and gain

B7

E7

Sometimes you win and sometimes you lose

D **A**

Be kind to yourself when you re tired of yourself

E **A**

Don t go mixing the reds along with the blues

[Instrumental]

A D G D A E

A D G D A E

D A B7 E

D A E A

[Verse]

D G

You have to agree, it s not easy to see

D A E

A sheep underneath all that fleece

A D G

If you ll take my advice, stick with people you like

D A E

It s a big world, you re only one piece

[Chorus]

D A

Pleasure and pain is like profit and gain

B7 E7

Sometimes you win and sometimes you lose

D A

Be kind to yourself when you re tired of yourself

E A

Don t go mixing the reds along with the blues

[Chorus]

D A

Pleasure and pain is like profit and gain

B7 E7

Sometimes you win

D A

Be kind to yourself when you re tired of yourself

E A

Don t go mixing the reds along with the blues