

Why Do I Do This
Freya Ridings

[Verse]

D
Just like an ocean,
A
It started pouring,
G
Straight down my throat
D
Taste the poison,
A
For the weekend,
G
Never felt more alone

[Pre-Chorus]

D
I thought calling you up,
F#
Would make it stop,
Bm G
But no

[Chorus]

D
Why do I do this to my,
A Bm
Why do I do this to myself,
D
When it s dangerous
A
I know it s bad for me,
Bm
I know you re not good for my health,
D
But I m reckless
F#
And all the hearts you couldn t sink,
C#m
Pour myself another drink,
G
In hell
D A
Why do I do this to my,
Bm
Why do I do this to myself

[Verse 2]

D

Now I m drowning,

A

In my apartment,

Bm **G**

But it seems your doing fine

D

Though your name still,

F#m

Can give me chills,

Bm **G**

After all this time

[Pre-Chorus]

D

The blue light on my blahhh,

F# **Bm**

The hear of more feeling leaves

G

Me cold,

[Chorus]

D

Why do I do this to my,

C#m **Bm**

Why do I do this to myself,

When it s dangerous

D

I know it s bad for me,

C#m **Bm**

I know your not good for my health,

But I m reckless

D

And all the hearts you couldn t sink,

F# **Bm**

Pour myself another drink,

G

In hell

Why do I do this to my,

A **Bm** **G** **Gm** **D**

Why do I do this to myself,