

**Dear Insecurity**  
**gnash**

[Chorus]

**F**

**F**  
Dear insecurity

**Bb**  
â€œWhen you gonna take your hands off me?

**Dm**  
â€œWhen you ever gonna let me be

**C** **F**  
â€œProud of who I am?

**F**  
â€œOh, insecurity

**Bb**  
â€œWhen you gonna take your hands off me?

**Dm**  
â€œWhen you ever gonna let me be

**C** **F**  
â€œJust the way I am?

**F**  
Dear insecurity

â€œ[Verse 1]

**F**  
I hate the way you make me feel

**Bb**  
I hate the things you make me think

**Dm**  
â€œYou make me sick to my stomach

**C** **F**  
â€œI wish that I wasn t me

**F**  
â€œSome days, when I wake up I see myself in the mirror

**Bb**  
I feel like what shouldn t be couldn t be clearer

**Dm** **C**  
â€œMy nose to my clothes, from my chin to my skin

**F**  
I ll never be good enough ever again

**F**  
For you, so I changed for you

**Bb**  
Then I d died for you, then you made me blue

**Dm** **C**  
â€œIf I were you, I d hate me too

**F**

â€‹But I already feel like you do

**F**

Becauseâ€‹, you tell me I m not worth shit

**F**

And the bad luck s on purpose

**Bb**

And if I m sad then I deserve it

**Dm**

But underneath the surface

**C**

I m hurting, searching and learning

**F**

My imperfections make me perfect

[Chorus]

**F**

Dear insecurity

**Bb**

â€‹When you gonna take your hands off me?

**Dm**

â€‹When you ever gonna let me be

**C**

**F**

â€‹Proud of who I am?

**F**

â€‹Oh, insecurity

**Bb**

â€‹When you gonna take your hands off me?

**Dm**

â€‹When you ever gonna let me be

**C**

**F**

â€‹Just the way I am?

**F**

Dear insecurity

â€‹[Verse 2]

**Bb**

I â€‹feel like I m dying on the inside

â€‹But I smile it off

**Dm**

**C**

**F**

I m a mess, I m depressed, I m alone and it s all my fault

**F**

â€‹Did i do something wrong? This feeling s unfair

**Bb**

You re making me anxious but why the fuck do I care?

**Dm**

**C**

I overthink everything til my thoughts are impaired

**F**

I hate everything about me I think I need some air

**F**

Drink some water, take a breath

**Bb**

Take a moment to be thankful for the reasons that you re blessed

**Dm**

**C**

It s not about mistakes you made or failures that you had

**F**

â€‹It s all about the memories and little things you have

**F**

Your freckles and flaws to your body and bruises

**Bb**

â€‹Your scars to your beautiful â€‹birth marks, â€‹the truth is

**Dm**

â€‹We re one in the same

**C**

So play the cards that you re dealt

**F**

Nobody likes you more than when you re being yourself

[Chorus]

**F**

Dear insecurity

**Bb**

â€‹When you gonna take your hands off me?

**Dm**

â€‹When you ever gonna let me be

**C**

**F**

â€‹Proud of who I am?

**F**

â€‹Oh, insecurity

**Bb**

â€‹When you gonna take your hands off me?

**Dm**

â€‹When you ever gonna let me be

**C**

**F**

â€‹Just the way I am?

**Gm**

Dear insecurity

â€‹[Bridge]

**Gm**

I am

**Dm**

â€‹Proud of the person who I am

**F**

Nobody s gon tell me who I am

**C**

Or who i can be

**Gm**

I am

**Dm**

â€‹Taking my life into â€‹my hands

**F**

Their tired of hiding who â€‹I am

**C**

I am me, â€‹so

â€‹[Chorus]

**F**

Dear insecurity

**Bb**

â€‹When you gonna take your hands off me?

**Dm**

â€‹When you ever gonna let me be

**C** **F**

Proud of who I am?

**F**

â€‹Oh, insecurity

**Bb**

It s time I make you take your hands off me

**Dm**

Set me free, I m gonna let you see

**C**

**Gm**

I m proud of who I am

[Outro]

**Bb**

Just the way I am

**C**

**F**

I m proud of who I am