Help
Hurts

Intro: Em Bm C Em D

```
Em                        Bm
Take my hand and lead the way

C                    Em                 D
Out of the darkness and into the light of the day

Em                        Bm
Take me somewhere I ll be safe

C                Em            D
Carry my lifeless body away from the pain



        G
 Cause I know what I ve been missing


      C
And I know that I should try


          Em
But there s hope in this admission


          D
And there s freedom in your eyes


Em      C    D
And we cry away


Em                        Bm
I m sick and tired of being afraid

    C                   Em               D
If I cry anymore then my tears will wash me away

Em                        Bm
But when I hear you call my name

  C                     Em               D
I whisper the word that I never thought I d ever say
```

```
      G
And I hope to God you ll listen


          C
And you ll keep me safe from harm


        Em
 Cause I found what I was missing


      D
When I fell into your arms



Em      C    D
And we cry away



Interlude: Em, C, G, D (2x)



Em                        C        (Cadd9)
I can feel the darkness coming


      G            D
And I m afraid of myself

Em                        C        (Cadd9)
Call my name and I ll come running


      G            D
 Cause I just need some help    (2x)



Solo: Em C (Cadd9)  G D (2x)



Outro: Em C G D Em
```