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Spit It Out
XMAI
This is a really simple take of an absolutely genius song.
I hope you enjoy playing it.
capo on the 1st Fret
[Instrumental]
Am, Am, F, C, E
[Verse]
Am
And if you re hurting
                           F
I will replace the noise with silence instead
Flushing out your head
Am
If you like it violent
We can play rough and tumble
Fall into bed
And I won t breathe so you can recover
[Instrumental]
Am, Am, F, C, E
[Verse]
Am
When you re in pieces
Just follow the echo of my voice
It s okay
Tune into that frequency
Am
Don t fight your reflex
Embrace the instinct
        F
You can feel your way
Through the bed and weak face in the end
cause it breaks my heart
That we live this way
I know people need love
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cause them people never play the game

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\mathbf{Am}
And we talk the talk
We communicate
Them people need love
And Those people never play the game
[Instrumental]
Am, Am, F, C, E
[Verse]
Am
Pleasure for pleasure
The tease is consequence
enough for a fall
But I know you love to take the risk
The past is weakness
Don t beg the question when the answer is war
There are moments when I m overcome
cause it breaks my heart
That we live this way
I know people need love
cause them people never play the game
And we talk the talk
We communicate
Them people need love
And Those people never play the game
       Am
And it breaks my heart
     F
And it breaks my heart
Am
In love
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