

Stand Up

James Cottriall

Intro

D - F#m - Em - Asus then A

D

So it s time for you to start again.

F#m

I bet you thought that this would never end.

G

Asus

A

You need to know I m here and I will help you through.

D

F#m

I know the day can seem so hard and it can try to tear you apart.

G

Asus

A

So be strong and always stay true.

D

Stand up for what you want.

F#m

Stand up for what you need.

G

Asus

A

Stand up come on and shout it out.

D

F#m

You have to try to make the most of this cause your life is such a gift.

G

Asus

A

The road is long but it s really up to you.

D

F#m

My friend you are almost there, I know that you can make it anywhere.

G

Asus

A

There s no end to the things that you can do.

D

Stand up for what you want.

F#m

Stand up for what you need.

G **Asus** **A**

Stand up come on and shout it out.

D
Stand up for who you are.

F#m
Stand up for what you believe.

G **Asus** **A** **Bm**

Stand up come on let s shout it loud.

G **D** **Bm**
You don't always have to be the best.

G **D** **A**
You just have to give your all.

Bm

G **D** **A**

Cause when your mind is clear the goal is near.

G A D F#m G Asus A

Don't worry if you fall. If you fall, you fall.

A
Come on and shout it out.

D
Stand up for what you want.

F#m
Stand up for what you need.

G	Asus	A
Stand up come on and shout it out.		

D
Stand up for who you are.

F#m
Stand up for what you believe.

G **Asus** **A** **Bm**
Stand up come on let s shout it loud.