

Born Of Frustration

James

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ALBUM: Seven

SONG: Born of Frustration

Capo 1st fret. Chords and notes refer to chord shapes for standard tuning.

Intro riff (repeated throughout the song):

D	-----0-----0--	-----0-----0---0--	-----0-----	-----0-----
Bb	-----7-----	-----7-----	---4---4--	-----4-----4--4--
F	-7-----7-----	-7--7--7-----7---	-5--5-----	-5-5---5-----5---

Wooooowooooowooooooo
Wooooowooooowooooooo

E **Bm**
All this frustration

D **A**
I can t heed all my desires

E **Bm**
Strange conversation

D **A**
Self control has just expired

E **Bm**
All an illusion

D **A**
Only in my head you don t exist

E **Bm**
Who are you foolin

D **A**
Don t need a shrink or an exorcist

(repeat E/Bm/D/A chord progression throughout song)

Lalalala
lalalala
lalalala
la

Wooooowooooowooooooo

Show me the movie of who you are and where you re from
Born of frustration
Caught upon the webs you spun
Where s the confusion
A vision of what life is like
Show me the movie that doesn t deal in black and white

Talk talk talkin bout who s to blame
But all that counts in how to change
Stop stop talkin bout who s to blame
When all that counts in how to change

Lalalala
lalalala
lalalala
la

All this frustration
All this frustration
Who put round eyes on a butterfly s wings
All this frustration
All this frustration
Who gave the leopard spots and taught the birds to sing
Born of frustration
Born of frustration

Wooooowooooowooooooo
Wooooowooooowooooooo

I m living in the weirdest dream where nothing is the way it seems
Where no one is who they need to be
Where nothing seems that real to me
Bout time we filled our lives
Upon the walls of gold no solid ground
The world is spinnin endlessly
We re clinging to our own beliefs

Born of frustration
Born of frustration

Wooooowooooowooooooo
Wooooowooooowooooooo