

## Habits Of My Heart

Jaymes Young

**C** **Em**  
I can t say no  
**G** **Am**  
It s ripping me apart

**C** **Em**  
In a dark room, in cold sheets  
**G** **Am**  
I can t feel a damn thing

**C** **Em**  
I lost myself between your legs  
**G** **Am**  
Your medicine is in my head

**C** **Em** **G** **Am**  
You know I d rather be alone  
**C** **Em** **G** **Am**  
But then you call me on the phone

**Am** **C**  
Oh, the habits of my heart  
**Em** **G**  
I can t say no  
**Am** **C**  
It s ripping me apart  
**Em** **G**  
You get too close  
**Am**  
You make it hard to let you go

(Instrumental)

**C**|- **Em** - **G** - **Am**  
I tell myself I like that  
When you tie my hands behind my back  
You re confident  
I ll give you that  
But if you love yourself you can fuck yourself

Cause I d rather be alone  
But you re fermented in my bones

Oh, the habits of my heart  
I can t say no  
It s ripping me apart  
You get too close  
You make it hard to let you go

(Instrumental)

Oh, the habits of my heart

I can't say no

It's ripping me apart

You get too close

You make it hard to let you go