

Borrow One Day At A Time

Josh Wilson

[Intro]

Dm F

One day, one day at a time, say

C G

One day, one day at a time, say

[Verse 1]

Dm

Sometimes I feel just like I did in the 8th grade

F

All alone, insecure, and so very afraid

C

Seems like everybody else they got it figured out

G

While I m stuck here, in another nervous breakdown

[Verse 2]

Dm

Life crashes like a panic attack

F

The fear of the future breaks me in half

C

I try so hard but it s a losing fight

G

I fake a smile in the day, and fall apart at night

[Pre Chorus 1]

Dm

I m lying awake cause I just can t sleep

F

I toss and I turn but can t find no peace

C

I keep praying to God, He keeps telling me

G

Don t worry, don t worry

[Chorus]

Dm

F

Don t borrow no trouble from tomorrow

C

You ll only double your sorrow

G

You ll only worry your mind

Dm **F**
Don t borrow no trouble from tomorrow

C
If you re gonna learn to follow

G
You gotta take it

Dm
One day, one day at a time, say
F **C**
One day, one day at a time, say
G
One day, one day at a time, say

[Verse 3]

Dm
I wanna learn to hold my life a little looser
F
Live in the moment instead of in the future
C
Let tomorrow worry about itself
G
And be here right now, trust all is well

[Pre Chorus 2]

Dm
Cause the flowers and birds they don t worry a bit
F
And a good God takes good care of them
C
And he loves you and me so much more than this
G
So don t worry, don t worry

[Chorus]

Dm **F**
Don t borrow no trouble from tomorrow
C
You ll only double your sorrow
G
You ll only worry your mind
Dm **F**
Don t borrow no trouble from tomorrow
C
If you re gonna learn to follow
G
You gotta take it
Dm
One day, one day at a time, say
F **C**
One day, one day at a time, say

G

One day, one day at a time, say

[Bridge]

Dm

To the weary moms and worn out dads

Dm

And the middle school kid who s always picked last

Dm

You gotta take it, you gotta take it

Dm

One day at a time

Dm

To the downcast and doubters and misfits like me

Dm

To the addicts who are fighting through recovery

Dm

You gotta take it, you gotta take it

Dm

One day at a time

Dm

To the struggling saints on the narrow road

Dm

When you re anxious, depressed and feeling alone

Dm

You gotta take it, you gotta take it

Dm

One day at a time

Dm

To all of God s children, let s never forget

Dm

We re forgiven and free, but we are not home yet

Dm

We gotta take it, we gotta take it

Dm

One day, one day, one day

[Chorus]

Dm

F

Don t borrow no trouble from tomorrow

C

You ll only double your sorrow

G

You ll only worry your mind

Dm

F

Don t borrow no trouble from tomorrow

C

If you re gonna learn to follow

G

You gotta take it

Dm

One day, one day at a time, say

F

C

One day, one day at a time, say

G

One day, one day at a time, say