One Day At A Time
Kris Kristofferson

[Verse]
```
C                              G7
I m only human I m just a man

Help me believe in what I could be
              C
And all that I am
                    C7         F
Show me the stairway I have to climb
          C                  G7
Lord for my sake help me to take
              C
One day at a time
```

[Chorus]
```
    C7        F
One day at a time sweet Jesus
                          C
That s all I m asking from You
              G
Just give me the strength to do ev ryday
            C
What I have to do
    C7        F
Yesterday s gone sweet Jesus
                          C
And tomorrow may never be mine
          G7
Lord help me today show me the way
            C
One day at a time
```

[Verse]
```
C                                    G7
Do you remember when you walked among men
                                  C
Well Jesus you know it s worse now than then
                    C7           F
Pushin  and shovin  crowding my mind
          C                  G7
So for my sake, teach me to take
              C
One day at a time
```

[Chorus]
```
    C7        F
One day at a time sweet Jesus
```

```
                            C
That s all I m asking from You
                  G
Just give me the strength to do ev ryday
                 C
What I have to do
     C7       F
Yesterday s gone sweet Jesus
                         C
And tomorrow may never be mine
            G7
Lord help me today show me the way
            C
One day at a time
```