

Helpless  
Metallica

Rythmn Fig 1.

Bridge into chorus

Rythmn Fig 1			Bridge into chorus		
A B	F#	Repeat	A B	Hold These chords	
				F# D E F#	D E F#
e	-----		-----		
B	-----		-----		
G	-2-4--(4)-----*		-2-4--(4)-----7-9---11-7-9-----		
D	-2-4--(4)-----4-----4-----4--*		-2-4--(4)---4--7-9-4-11-7-9-4-----		
A	-0-2-0h2p0----4-----4-----4---		-0-2-0h2p0--4--5-7-4- 9-5-7-4-----		
E	-----2-2-0-2-2-0-2-2-0-		-----2-----2-----2--2--		

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|  
Pick real Fast and alot

By this ( ) I mean hold the B chord with your ring finger and just perform the hammer and pull-offs with your index finger. Repeat This rythmn figure until you hit the bridge to the chorus. The Bridge into the chorus has a bunch of power chords which are held. Listen to the tune and you ll get the picture....

Chorus (Lyrics go HELPLESS....! )

Part 1	Part 2	Part 3
A	A G	A G A
e	-----	-----
B	-----	-----
G	-----*	-----*
D	-----7p5-----5-*	-----5-5-5-*
A	-----7-6-7-6-----	-----5-5-5--
E	--5-5-5-5-5-5-5-5-----	-5-5-5-5-5-3-3-3--

By this I mean play Part 1 three times, then play Part 2. Then you play Part 1 three times again and finish the chorus with Part 3. Work with me on this one... I m not sure about the part 1 section... but this is close....

Now return to ryth. Fig 1 amd play it till you hit the chorus a second time... do the chorus again and then play rythmn Fig 1 again until you hit the little Newstead bass solo, after which you hit a second bridge. I prefer to enter into this section with a jumping, banging pick slide. In other words I bounce the pick off the low E, A and D while sliding the edge down the fretboard... Anyway it sounds real cool...

Bridge 2

