

Just Stand Up
Miley Cyrus

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Key: **F** then **F#** then **G**

Tuning: Standard EADGBE

Chords used:

Dm - xx0232
C - x32010
Am - x02210
Bb - x13331
Gm - 355333
F - 133211
FM7 - 132211
F7 - 131211
F/A - x032xx
Ebm - x68876
C# - x46664
B - x24442
F#/Bb - x143xx
G#m - 466444
F# - 244322
Em - 022000
D - xx0232
G/B - x2x033
Am - x02210
Bm - x24432

Intro: Dm-C-Am-Bb-Gm--Bb-F/A-F-Gm

Verse 1:

F

The heart is stronger than you think

FM7

Itâ€™s like it can go through anything

F7

And even when you think it canâ€™t

Bb

it finds a way to still push on, though

F

Sometimes you want to run away

FM7

Ainâ€™t got the patience for the pain

F7

And if you donâ€™t believe it

Bb

look into your heart the beat goes on

Refrain:

Iâ€™m telling you

Gm

Things get better (through whatever)

F/A

If you fall, (dust it off, donâ€™t let up)

Bb

Donâ€™t you know you

can go be your own miracle

C

You need to know

Chorus 1:

Dm C

If the mind keeps thinking

Am Bb

youâ€™ve had enough

Dm

But the heart keeps

C Am Bb

telling you donâ€™t give up

Dm

Who are we to be

C

questioning, wondering

Am Bb

what is what

Gm

Donâ€™t give up

Bb

through it all

F/A F Gm

just stand up

Verse 2:

F

Itâ€™s like we all
have better days

FM7

Problems getting
all up in your face

F7

Just because
you go through it

Bb

Donâ€™t mean it got

to take control no

F

You ain't gotta
find no hiding place

FM7

Because the heart
can beat the hate

F7

Don't wanna let your
mind keep playing you

Bb

And saying you can't go on

(Repeat Refrain)

Chorus 2:

Dm C

If the mind keeps thinking

Am Bb

you've had enough

Dm

But the heart keeps

C Am Bb

telling you don't give up

Dm

Who are we to be

C

questioning, wondering

Am Bb

what is what

Gm

Don't give up

Bb

through it all

F/A F Gm

just stand up

B

through it all

F#/Bb F# G#m

just stand up

Bridge:

Ebm

You don't gotta be

C# F#/Bb

a prisoner in your mind

Bb

(If you fall, dust it off

Ebm

You can live your life

C#

Let your heart

F#/Bb B

be your guide oh

Em

And you will know that you're

C#

good if you trust in the good

F#/Bb

B

Everything will be alright yeah

G#m

Light up the dark

if you follow your heart

B

F#/Bb F# G#m

And it will get better

C

G/B G Am

Through what-ever

Chorus 3

Em

If the mind keeps

D

Bm C

thinking you've had enough

Em

But the heart keeps

D

Bm

C

telling you don't give up

Em

Who are we to be

D

questioning wondering

Bm

C

what is what

Am

Don't give up

C

through it all

G/B G Am

just stand up

(Repeat)

Outro:

Em

D

You got it in you, find it within

Bm

C

You got it in now, find it within now

Em

D

You got it in you, find it within

Bm

C

You got it in now, find it within now

Em

D

You got it in you, find it within

Bm **C**

You got it in now, find it within now

Am

find it within you find it within

C G/B G Am

THROUGH IT ALL, JUST STAND UP!