

**Liz Ball - Life Death And Everything In Between**  
**Misc Unsigned Bands**

D A  
Sweet and unexpected changes  
Bm  
Out of my own ashes  
G D  
A shadow of what I left behind  
A  
I won t regress through the ages  
Bm  
Cause somebody saved me  
G  
And now I m the same from the inside out.

**Bm** **G**  
It crossed a line  
**D** **A** **Bm**  
When I found myself thinking dangerous thoughts  
**G**  
But I was fine  
**D** **A** **Em**  
Cause nobody else could see what was going on

Life was waiting  
**G**  
I was hesitating  
**D** **A** **Em**  
Self-analysing till I hated who I was  
  
Trapped in my own head  
**G** **D**  
Thinking what if I was dead?  
**A**  
Who the hell had I become?

D A  
Sweet and unexpected changes  
Bm  
Out of my own ashes  
G D  
A shadow of what I left behind A

I won't regress through the ages

**Bm**

Cause somebody saved me

**G**

And now I'm the same from the inside out.

**Bm** **G**

That first smile

**D** **A** **Bm**

Took me back to perfect simplicity

**G**

A million miles

**D** **A** **Em**

Away from where I can't believe I'd been

Life was waiting

**G**

I was hesitating

**D** **A** **Em**

Self-analysing till I hated who I was

Trapped in my own head

**G** **D**

Thinking what if I was dead?

**A**

Who the hell had I become?

**D** **A**

Sweet and unexpected changes

**Bm**

Out of my own ashes

**G** **D**

A shadow of what I left behind

**A**

I won't regress through the ages

**Bm**

Cause somebody saved me

**G**

**D**

And now I'm the same from the inside out.