

Liz Ball - Life Death And Everything In Between
Misc Unsigned Bands

D **A**
Sweet and unexpected changes
Bm
Out of my own ashes
G **D**
A shadow of what I left behind
A
I won't regress through the ages
Bm
Cause somebody saved me
G
And now I'm the same from the inside out.

Bm **G**
It crossed a line
D **A** **Bm**
When I found myself thinking dangerous thoughts
G
But I was fine
D **A** **Em**
Cause nobody else could see what was going on

Life was waiting
G
I was hesitating
D **A** **Em**
Self-analysing till I hated who I was
Trapped in my own head
G **D**
Thinking what if I was dead?
A
Who the hell had I become?

D **A**
Sweet and unexpected changes
Bm
Out of my own ashes
G **D**
A shadow of what I left behind
A

I won't regress through the ages

Bm

Cause somebody saved me

G

And now I'm the same from the inside out.

Bm **G**

That first smile

D **A** **Bm**

Took me back to perfect simplicity

G

A million miles

D **A** **Em**

Away from where I can't believe I'd been

Life was waiting

G

I was hesitating

D **A** **Em**

Self-analysing till I hated who I was

Trapped in my own head

G **D**

Thinking what if I was dead?

A

Who the hell had I become?

D **A**

Sweet and unexpected changes

Bm

Out of my own ashes

G **D**

A shadow of what I left behind

A

I won't regress through the ages

Bm

Cause somebody saved me

G **D**

And now I'm the same from the inside out.