

Tell Yourself
Natalie Merchant

Intro: C Em Am D

C Em Am D C Em
I know what you tell yourself, tell yourself. I know what you tell yourself
Am D
You tell yourself
C Em Am D
Look in the mirror, look in the mirror what does it show?
C Em Am D
I hear you counting. I know you re adding, adding up the score.
C Em Am D
I know, oh yes I know

Chorus:

C Em Am D
What you tell yourself, tell yourself
C Em Am D
I know what you tell yourself, tell yourself
C Em Am D
Ever since Eden we re built for pleasing everyone knows
C Em Am D
And ever since Adam cracked his ribs and let us go I know
C Em Am D
Oh yes I know

Chorus

Em D C
Who taught you how to lie so well and to believe in each and every word you
G Em D
say? Who told you that nothing about you is alright
C G
It s just no use, it s just no good you ll never be O.K.?
D Dm Am
Well I know, I know that wrong s been done to you It s such a tough
G Dm Am
world, that s what you say. Well I know, I know it s easier said than done
C G C Em Am D
But that s enough girl, give it away give it, give it, give it all away.
C Em Am D
Tell yourself that you re not pretty, look at you, you re beautiful.
C Em Am D
Tell yourself that no one sees Plain Jane invisible to me, just tell yourself.
C Em Am D
Tell yourself you ll never be like the anorexic beauties in the magazines.

C **Em** **Am** **D**
Just a bargain basement Barbie doll, no belle du jour, no femme fatale
Just tell yourself.

C **Em** **Am** **D**
Tell yourself there s nothing worse than the pain inside and the way it hurts
C **Em** **Am** **D** **C** **Em**
tell yourself it s nothing new cause everybody feels it too, they feel it too.
Am D
C **Em** **Am** **D** **C**
And there s just no getting round the fact that your thirteen right now