

**I Bruise Easily**  
**Natasha Bedingfield**

Intro

**C Em C Em**

**C** **Em**  
My skin is like a map of where my heart has been  
**C** **Em**  
And I can't hide the marks, but it's not a negative thing.  
**Am** **Em** **B**  
So I let down my guard, drop my defences, down by my clothes.  
**Am** **Em** **B**  
I'm learning to fall with no safety net to cushion the blow.

**C** **Em**  
I bruise easily, so be gentle when you handle me.  
**C** **Em**  
There's a mark you leave, like a love heart, carved on a tree.  
**C** **Em**  
I bruise easily, can't scratch the surface without moving me underneath,  
**C** **Em**  
I bruise easily. I bruise easily.

**C** **Em**  
I found your fingerprints on a glass of wine.  
**C** **Em**  
Do you know your leaving them all over this heart of mine too?  
**Am** **Em** **B**  
But if I never take this leap of faith I'll never know.  
**Am** **Em** **B**  
So I'm learning to fall with no safety net to cushion the blow.

**C** **Em**  
I bruise easily, so be gentle when you handle me.  
**C** **Em**  
There's a mark you leave, like a love heart, carved on a tree.  
**C** **Em**  
I bruise easily, can't scratch the surface without moving me underneath,  
**C** **Em**  
I bruise easily. I bruise easily.

**B** **Am**  
Anyone who can touch you can hurt you or heal you.  
**B** **Am**  
Anyone who can reach you can love you or leave you.

Interlude

**C Em C Em C Em C Em**

C

Em

I bruise easily, so be gentle when you handle me.

C

Em

Theres a mark you leave, like a love heart, carved on a tree.

C

Em

I briuse easily, can t scrtatch the surface without moving me underneath,

C

Em

I bruise easily. I bruise easily.

C

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C

Em

Anyone who can touch you can hurt you or heal you

C

Em

Anyone who can reach you can love you or leave you

C

Em

I bruise easily.

C

Em

I bruise easily.