

Heartbeat

Nechama Cohen

**Gm** **Eb**  
Sometimes your faith  
**Cm**  
Seems to escape through  
**F**  
The cracks that you never knew you made

**Gm** **Eb**  
Sometimes the pain  
**Cm**  
Tries to consume you  
**F**  
But time keeps on turning and things change

**Gm**  
Just like a heartbeat  
**Eb**  
That's rising and falling  
**Gm**  
Sinking and soaring-  
**F**  
It keeps you alive

**Bb** **F** **Gm**  
There will always be ups and downs  
**Eb** **Bb** **F**  
There's no time to waste for staying on the ground  
**Gm** **Eb** **Gm**  
A struggle makes you stronger in the end

**F**  
Believe that it's true  
**Eb**  
You know you'll survive  
**F**  
When you hear  
**Eb** **Gm** **F** **Bb**  
Your heartbeat, your heartbeat

**Gm**  
Sometimes you smile,  
**Eb** **Cm**  
The world smiles back at you  
**F**  
and understands your spirited mind

**Gm** **Eb**

Sometimes you fly,

**Eb Cm**

The view is so beautiful

**F**

But even birds land once in a while

Â

**GmÂ**

Just like a heartbeat

**Eb**

Thatâ€™s rising and falling

**Gm**

Sinking and soaring-

**F**

It keeps you alive

**Bb**

**F**

**Gm**

There will always be ups and downs

**Eb**

**Bb**

**F**

Thereâ€™s no time to waste for staying on the ground

**Gm**

**Eb**

**Gm**

A struggle makes you stronger in the end

**F**

Believe that itâ€™s true

**Eb**

You know youâ€™ll survive

**F**

When you hearÂ

**Eb**

**Gm**

**F**

**Bb**

Your heartbeat, your heartbeat

**Gm**

**F**

And life goes on when you donâ€™t think it can

**Gm**

**F**

And when you fall, youâ€™ll learn how to stand

**Bb**

**F**

Cuz the road will never be smooth

**Cm**

**Gm**

The ins and the outs are what lifeâ€™s all about

**Eb**

**F**

And learning how to smile through it all

Â

**GmÂ**

Just like a heartbeat

**Eb**

Thatâ€™s rising and falling

**Gm**

Sinking and soaring-

**F**

It keeps you alive

**Bb**

**F**

**Gm**

There will always be ups and downs

There's no time to waste for staying on the ground  
A struggle makes you stronger in the end

Believe that it's true  
You know you'll survive

When you hear  
Your heartbeat, your heartbeat