

**Build You Up**  
**Nelly Furtado**

These are the chords for the song, although its a repetition of string picking, its

picking of these chords. Fairly easy either way though.

I put the F chord twice throughout the song to emphasis that it gets two measures (8

beats) instead of one measure (4 beats)

Nelly Furtado - Build You Up  
Standard Tuning  
Capo on 1st Fret

**Am** - 002210  
**E** - 022100  
**F** - 133211

Intro

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**Am E F F** x 2

**Am** **E** **F F**  
Baby, don t believe it

**Am E F F**

Verse 1

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**Am** **E** **F** **F**  
Baby, don t believe it, oh, it s in your eyes

**Am** **E** **F** **F**  
I can see the weakness you don t have to hide

**Am** **E** **F** **F**  
I can take you under, under my wing

**Am** **E** **F** **F**  
Cause your voice gives me a song that I love to sing

Chorus 1

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**Am** **E** **F** **F**  
Baby, they build you up only to tear you down

**Am** **E** **F** **F**  
Don t give up, baby, don t believe it, baby, don t believe it

**Am** **E** **F** **F**  
Baby, they build you up only to tear you down

**Am** **E** **F** **F**  
Baby, don t believe it, baby, don t believe it, oh, it s good for nothing

Verse 2 (same as 1st verse)  
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You were just a child, ready to explore  
And everything you saw looked like an open door  
A place you can remember, you d love to go back  
But you can t even comprehend that it s all in the past

Chorus 2  
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**Am** **E** **F** **F**  
Baby, they build you up only to tear you down  
**Am** **F** **F** **F**  
Baby, don t believe it, baby, don t believe it, oh, it s good for nothing  
**Am** **E** **F** **F**  
Baby, they build you up only to tear you down  
**Am** **E** **F** **F**  
Baby, don t believe it, baby, don t believe it oh, it s good for nothing

Bridge  
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**Am** **E** **F** **F**  
Put your heart in my hands and I won t hurt you  
**Am** **E** **F** **F**  
Put your heart in my hands, I promise not to  
**Am** **E** **F** **F** **Am**  
Put your heart in my hands, I ll lift you up, you ll fly away  
**E** **F** **F**  
Fly away, lift you up

Chorus 1  
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**Am** **E** **F** **F**  
Baby, they build you up only to tear you down  
**Am** **E** **F** **F**  
Don t give up, baby, don t believe it, baby, don t believe it  
**Am** **E** **F** **F**  
Baby, they build you up only to tear you down  
**Am** **E** **F** **F**  
Baby, don t believe it, baby, don t believe it, oh, it s good for nothing

Chorus 3  
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**Am** **E** **F** **F**  
I ll never build you up only to tear you down  
**Am** **E** **F** **F**  
Baby, just believe it, baby just believe it, oh it s good for something  
**Am** **E** **F** **F**  
I ll never build you up only to tear you down  
**Am** **E** **F** **F** **Am** **E** **F** **F**

Oh it s good for nothing, I love you the way you are

Outro

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**Am E F F**