

**The Beast In Me**  
**Nick Lowe**

[Verse 1]

The beast in me  
**Ab** **Bb** **Eb**  
Is caged by frail and fragile bars  
**Ab** **Bb** **Eb**  
Restless by day and by night  
**F**  
Rants and rages at the stars  
**Ab** **Bb** **Eb**  
God help the beast in me

[Verse 2]

The beast in me  
**Ab** **Bb** **Eb**  
Has had to learn to live with pain  
**Ab** **Bb** **Eb**  
And how to shelter from the rain  
**Ab** **Bb** **Eb**  
And in the twinkling of an eye  
**F**  
Might have to be restrained  
**Ab** **Bb** **Eb**  
God help the beast in me

[Bridge]

**G**  
Sometimes it tries to kid me  
**Ab**  
That it s just a teddy bear  
  
Or even somehow manage  
**Eb**  
To vanish in the air  
**Bb**  
Then that is when I must beware

[Verse 3]

Of the beast in me  
**Ab** **Bb** **Eb**  
That everybody knows  
**Ab** **Bb** **Eb**  
They ve seen him out dressed in my clothes  
**F**  
Patently unclear

**Ab**

**Eb**

If it s New York or New Year

**Ab**

**Bb**

**Eb**

**Ab**

God help the beast in me

**Bb**

**Eb**

The beast in me