This Is The Time Ballast Nothing More [Intro] Am Am FM7 Am C Bb [Verse] Am Am When did we become these sinking stones вb F/A C When did we build this broken home Am Holding each other like ransom notes F/A C Вb Dropping our hearts to grip our brother s throats [Bridge] Am You can t see cause you don t know, C G You re caught below, beneath your own sha--dow G Stuck inside half-alive, do we Em Ever stop to ask ourselves why Am Close your mind, identify G C Do you feel, do you feel? Do you call this a life? G All you waited for Em Drowning just to keep score [Pre-Chorus] \mathbf{F} We always start with good intentions But lose ourselves along the way [Chorus] Am G This is the time that we let it go Em \mathbf{F} And these are the words that will take us home Am G Singing the song that s inside us all

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Em
                     F
If we don t open our eyes we re
[Link]
Am
[Verse]
Am
Anchored in anger, we exile ourselves
F/A
                                     Вb
Bitter blood builds our prison cell
Am
Darker water now fills our lungs
                                           вb
     F/A
                               C
The depths of our heart have blacked the sun
[Bridge]
Am
  You can t see cause you don t know,
                                            G
                C
You re caught below, beneath your own sha--dow
        G
Stuck inside half-alive, do we
Em
Ever stop to ask ourselves why
Am
  Close your mind, identify
                                               G
       C
Do you feel, do you feel? Do you call this a life?
G
All you waited for
Em
Drowning just to keep score
[Pre-Chorus]
    F
We always start with good intentions
    G
But lose ourselves along the way
[Chorus]
Am
                          G
This is the time that we let it go
    Em
And these are the words that will take us home
Am
                           G
Singing the song that s inside us all
Em
If we don t open our eyes we re
            Am
Walking blind
[Instrumental]
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Asus2 Asus4 Am Am7 Fsus2/A Gsus2 Am (Just a loose interpretation) Em7 F G F F G/E G G G [Link] Am [Chorus] Am G This is the time that we let it go Em F And these are the words that will take us home Am G Singing the song that s inside us all Em \mathbf{F} If we just open our eyes (If we just open our eyes) Am G This is the time that we let it go Em F And this is the pain we are forced to know Am G Singing the song that s inside, Em F Inside us all, inside us all [Outro] Am Am/E Am FM7 Am Am/E C Gsus4 We re walking blind Am Am/E Am FM7 Am Am/E C Gsus4