

1 step forward, 3 steps back

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Capo 2do traste

Intro

D **D/G** **Gmaj7**
e |-----|-----|-----|-----|-----|-----|-----|-----|-----|
B |-----|-----|-----|-----|-----|-----|-----|-----|-----|
G |-----0---0-----0---0-----|-----|-----|-----|-----|-----|
D |-----|-----|-----|-----3-----|-----|-----|-----|-----|
A |---3-----|-----|-----|-----|-----|-----|-----|-----|-----|
E |-----|-----3-----|-----|-----|-----|-----|-----|-----|-----|

D **Gmaj7**
Called you on the phone today
 D **Gmaj7**
Just to ask you how you were
 D **Gmaj7**
All I did was speak normally
 D **Gmaj7**
Somehow I still struck a nerve
 D **Gmaj7**
You got me fucked up in the head, boy
 D **Gmaj7**
Never doubted myself so much
 D **Gmaj7**
Like am I pretty, am I fun, boy
 D **Gmaj7**
I hate that I give you power over that kind of stuff

 D **F#** **Gmaj7** **D**
Cuz it s always one step forward and three steps back
 D **F#** **Gmaj7** **D**
I m the love of your life till I make you mad
 D **F#** **Gmaj7**
It s always one step forward and three steps back
 D **F#** **Gmaj7** **D**
Do you love me, want me, hate me, boy, I don t understand
 Gmaj7 **D**
No, I don t understand

 D **Gmaj7**
Maybe in some masochistic way
 D **Gmaj7**
I kind of find it all exciting
 D **Gmaj7** **D**
Lik?, which lover will I get today
 D **Gmaj7**
Will you walk me to th? door or send me home crying

D F# Gmaj7 D
It s one step forward and three steps back
D F# Gmaj7 D
I m the love of your life until I make you mad
D F# Gmaj7 D
Cuz it s always one step forward and three steps back
D F# Gmaj7 D
Do you love me, want me, hate me, boy, I don t understand
D F# Gmaj7 D
No it s back and forth did I say something wrong
D F# Gmaj7 D
It s back and forth going over everything I said
D F# Gmaj7 D
No it s back and forth did I say something wrong
D F# Gmaj7 D
It s back and forth maybe this is all your fault

D F# Gmaj7 D
Instead it s one step forward and three steps back
D F# Gmaj7 D
And I d leave you, but the rollercoaster s all I ve ever had
D F# Gmaj7 D
Cuz it s always one step forward and three steps back
D F# Gmaj7 D
Do you love me, want me, hate me, boy, I don t understand
Gmaj7 D
No, I don t understand