

**Running On the Spot**  
**Os Paralamas do Sucesso**

Intro: versão Uns Dias-ao vivo  
E |-----| -7---10-7-----7-----7----- |-----7--10-7---7h8-  
7h8-7---10-12--  
B |-----| ---8-----8-10---8-10---8-10- | -7-8-10  
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G  
-4---7-4---7-4---7-4----- |-----|-----  
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D |---5-----5-----5-----5-7- |-----|  
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A |-----|-----|  
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E |-----|-----|  
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[Intro:] G F Em Eb

G F  
I was hoping we d make real progress  
Em Eb  
But it seems we have lost the power  
G F  
Any tiny step of advancement  
Em Eb  
Is like a raindrop falling into the ocean

G B  
We re running on the spot always have always will?  
C Cm G F Em  
We re just the next generation of the emotionally crippled  
Eb  
We re just running on the spot

G F  
Though we keep piling up the building blocks  
Em Eb  
The structure never seems to get any higher  
G F  
Because we keep kicking out the foundations  
Em Eb  
And stand useless while our lives fall down

G B  
I believe in life and I believe in love  
C Cm G F Em

But the world in wich I live in keeps trying to prove wrong  
Eb  
We re just running on the spot

B7 Em  
Out the pastures we call society  
B7 Em  
You can t see further than the bottom of your glass  
C  
Only you but easily shocked  
D  
You get all violent when the boat gets rocked

Eb G F Em  
We re just running on the spot

We re just running on that

G F  
Just like sheep little lambs into the slaughter  
Em Eb  
Don t fully grasp what exactly is wrong  
G F  
Truth is you never cared still  
Em Eb  
You get all violent when the boat gets rocked

G F  
Intelligence should be our first weapon  
Em Eb  
And stop reveling in rejection  
G F  
And follow yourselves not some ageing drain brain  
Em Eb  
Whose quite content to go on feedind your garbage

G B  
We re running on the spot always have always will?  
C Cm G F Em  
We re just the next generation of the emotionally crippled  
Eb  
We re just running on the spot  
We re just running on that  
On the spot  
We re just running on that