

Fast From Feast On
Page CXVI

[Verse 1]

F **F/C** **F/D**
Fast from the swelling darkness,
Bb **F/C** **F/D**
Feast on the power of his light
F **F/C** **F/D**
Fast from discontentment,
Bb **F/C** **F/D**
Feast on the joy that he brings

[Chorus]

Bb **Gm** **F** **Bb**
Sustainer, Protector, the Well of Life
Bb **Gm** **F** **Bb** **Bb Gm F** **Bb Gm F**
My Helper, My comfort, the bread of life is you-oo-ooo is you-oo-ooo

[Verse 2]

F **F/C** **F/D**
Fast from the fear that haunts us,
Bb **F/C** **F/D**
Feast on the power of his might
F **F/C** **F/D**
Fast from the trap of judgment,
Bb **F/C** **F/D**
Feast on all that s been redeemed

[Chorus]

Bb **Gm** **F** **Bb**
Sustainer, Protector, the Well of Life
Bb **Gm** **F** **Bb** **Bb Gm F** **Bb Gm F**
My Helper, My comfort, the bread of life is you-oo-ooo is you-oo-ooo

[Bridge]

Cm **Gm** **Bb** **F**
From the sorrow s shadow to perfect light
Cm **Gm** **Bb** **F**
From the darkness of our doubt to a cleansing white
Cm **Gm** **Bb** **F**
From the sorrow s shadow to perfect light
Cm **Gm** **Bb** **F**
From the blindness of our sin to healing sight

[Chorus]

Bb **Gm** **F** **Bb**
Sustainer, Protector, the Well of Life
Bb **Gm** **F** **Bb** **Bb Gm F** **Bb Gm F**
My Helper, My comfort, the bread of life is you-oo-ooo is you-oo-ooo

Bb **Gm** **F** **Bb**
Sustainer, Protector, the Well of Life
Bb **Gm** **F** **Bb** **Bb Gm F** **Bb Gm F**
My Helper, My comfort, the bread of life is you-oo-ooo is you-oo-ooo