

**Fast From Feast On**  
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[Verse 1]

**F**            **F/C**            **F/D**  
Fast from the swelling darkness,  
**Bb**            **F/C**            **F/D**  
Feast on the power of his light  
**F**            **F/C**            **F/D**  
Fast from discontentment,  
**Bb**            **F/C**            **F/D**  
Feast on the joy that he brings

[Chorus]

**Bb**            **Gm**            **F**            **Bb**  
Sustainer, Protector, the Well of Life  
**Bb**            **Gm**            **F**            **Bb**            **Bb Gm F**            **Bb Gm F**  
My Helper, My comfort, the bread of life is you-oo-ooo is you-oo-ooo

[Verse 2]

**F**            **F/C**            **F/D**  
Fast from the fear that haunts us,  
**Bb**            **F/C**            **F/D**  
Feast on the power of his might  
**F**            **F/C**            **F/D**  
Fast from the trap of judgment,  
**Bb**            **F/C**            **F/D**  
Feast on all that s been redeemed

[Chorus]

**Bb**            **Gm**            **F**            **Bb**  
Sustainer, Protector, the Well of Life  
**Bb**            **Gm**            **F**            **Bb**            **Bb Gm F**            **Bb Gm F**  
My Helper, My comfort, the bread of life is you-oo-ooo is you-oo-ooo

[Bridge]

**Cm**            **Gm**            **Bb**            **F**  
From the sorrow s shadow to perfect light  
**Cm**            **Gm**            **Bb**            **F**  
From the darkness of our doubt to a cleansing white  
**Cm**            **Gm**            **Bb**            **F**  
From the sorrow s shadow to perfect light  
**Cm**            **Gm**            **Bb**            **F**  
From the blindness of our sin to healing sight

[Chorus]

**Bb**            **Gm**            **F**            **Bb**  
Sustainer, Protector, the Well of Life  
**Bb**            **Gm**            **F**            **Bb**            **Bb Gm F**            **Bb Gm F**  
My Helper, My comfort, the bread of life is you-oo-ooo is you-oo-ooo

**Bb**                    **Gm**                    **F**                    **Bb**  
Sustainer, Protector, the Well of Life  
**Bb**                    **Gm**                    **F**                    **Bb**                    **Bb Gm F**                    **Bb Gm F**  
My Helper, My comfort, the bread of life is you-oo-ooo is you-oo-ooo