Help
Papa Roach

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Bm        G       D
I think I need help
      Bm        G    D
I m drowning in myself


Bm                        G
Did someone turn the lights out
D        Bm              G              D
Or is it just another dark cloud in my head?
            Bm              G
Cause I m cut deep, my heart won t beat
D
Deep down low it s killing me
Bm          G         D
If I wanna scratch out yesterday
              D
I ve got so much I need to say
               D
(I ve got so much I need to say)


Bm        G       D
I think I need help
      Bm        G    D
I m drowning in myself
       Bm              G
It s sinking in, I can t pretend
       D
That I ve been through hell
Bm        G       D
I think I need help
        D
I m drowning in myself


          Bm                 G
They re preying on my weakness
D
Believe it
        Bm          G        D
I m thinking to myself  No not again
       Bm          G
And I won t keep listening
         D
When temptations creeping in
Bm           G               D
If I wanna make it another day
               D
I ve got so much I need to say
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            D
(I ve got so much I need to say)


Bm          G          D
I think I need help
        Bm          G      D
I m drowning in myself
          Bm                  G
It s sinking in, I can t pretend
         D
That I ve been through hell
Bm          G          D
I think I need help
          D
I m drowning in myself


(I m drowning in myself)


Bm          G          D
I think I need help
                Bm          G          D
Cause I ve put myself through hell


Bm          G          D
I think I need help
        Bm          G      D
I m drowning in myself
          Bm                  G
It s sinking in, I can t pretend
         D
That I ve been through hell
Bm          G          D
I think I need help


Bm          G          D
I think I need help
Bm          G          D
I think I need help
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