

**I Caught Myself**  
**Paramore**

Artist: Paramore  
Song Title: I Caught Myself  
Album: Twilight Soundtrack (2008)  
Tabbed By: Cinthia G.

Aadd9: 002200  
C#m: 046654  
E: 022100  
F#m: 244222  
B: 024442

**\*Background Guitar\***

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e| |--4-----4-----7-----7-----| |
B| |--5-----5-----5-----5-----|. |
G| |--6-----6-----6-----6-----| |
D| |-------| |
A| |-------|. |
E| |-------| | (Repeat as many times necessary throughout the
song)
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**Beginning Chords:**

**Bbadd9 Dm F Bbadd9 Gm F (x2)**

**[Verse]**

**Bbadd9**

Down to you,

You re pushing and pulling me down to you.

But I don t know what I,

**Bbadd9**

Now when I caught myself, I had to stop myself.

**Dm**

**F**

I m saying something that I should have never thought.

**Bbadd9**

Now when I caught myself, I had to stop myself.

**Gm**

**F**

**Bbadd9**

From saying something that I should have never thought of you, of you.

**[Pre-Chorus]**

**Dm**

You re pushing and pulling me down to you,

**F** **Bbadd9**

But I don t know what I want,

**Gm F**

No I don t know what I want.

[Verse]

**Bbadd9**

You got it, you got it,

Some kind of magic.

**Dm**

Hypnotic, hypnotic,

**F**

You re leaving me breathless.

**Bbadd9**

I hate this, I hate this,

**Gm**

You re not the one I believe in.

**F**

With God as my witness.

**Bbadd9**

[Chorus]

**Bbadd9**

Now when I caught myself, I had to stop myself,

**Dm**

**F**

I m saying something that I should have never thought.

**Bbadd9**

Now when I caught myself, I had to stop myself,

**Gm**

**F**

**Bbadd9**

From saying something that I should have never thought of you, of you.

**Dm**

You re pushing and pulling me down to you.

**F**

**Bbadd9**

But I don t know what I want.

**Gm F**

No I don t know what I want.

**Bbadd9**

**Dm**

**F**

**Bbadd9**

**Gm**

**F**

**Bbadd9**

**Bbadd9**

Don t know what I want.

**Bbadd9**

But I know it s not you.

**Bbadd9**

Keep pushing and pulling me down,

But I know in my heart it s not you.

**F** **Gm**  
Now when I caught myself, I had to stop myself,  
**Dm** **Bbadd9**  
From saying something that I should have never thought.

**F** **Gm**  
Now when I caught myself, I had to stop myself,  
**Dm** **C** **F**  
From saying something that I should have never thought of you.

**Gm** **Dm**  
 I knew, I know in my heart it s not you.  
**Bbadd9** **F** **Gm** **Dm**  
 I know but now I know what I want, I want, I want,  
**C**  
 Oh no, I should have never thought.