

**I Caught Myself**  
**Paramore**

Artist: Paramore  
Song Title: I Caught Myself  
Album: Twilight Soundtrack (2008)  
Tabbed By: Cinthia G.

Aadd9: 002200  
C#m: 046654  
E: 022100  
F#m: 244222  
B: 024442

**\*Background Guitar\***

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e | | --4-----4-----7-----7----- | |
B | | ----5-----5-----5-----5----- | . |
G | | -----6-----6-----6-----6----- | |
D | | -----6-----6-----6-----6----- | |
A | | -----6-----6-----6-----6----- | . |
E | | -----6-----6-----6-----6----- | |
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(Repeat as many times necessary throughout the song)

Beginning Chords:

**Badd9 Ebm F# Badd9 G#m F# (x2)**

[Verse]

**Badd9**

Down to you,

You re pushing and pulling me down to you.

But I don t know what I,

**Badd9**

Now when I caught myself, I had to stop myself.

**Ebm F#**

I m saying something that I should have never thought.

**Badd9**

Now when I caught myself, I had to stop myself.

**G#m F#**

**Badd9**

From saying something that I should have never thought of you, of you.

[Pre-Chorus]

**Ebm**

You re pushing and pulling me down to you,

**F#** **Badd9**

But I don t know what I want,

**G#m F#**

No I don t know what I want.

[Verse]

**Badd9**

You got it, you got it,

Some kind of magic.

**Ebm**

Hypnotic, hypnotic,

**F#**

You re leaving me breathless.

**Badd9**

I hate this, I hate this,

**G#m**

You re not the one I believe in.

**F#**

With God as my witness.

**Badd9**

[Chorus]

**Badd9**

Now when I caught myself, I had to stop myself,

**Ebm**

**F#**

I m saying something that I should have never thought.

**Badd9**

Now when I caught myself, I had to stop myself,

**G#m**

**F#**

**Badd9**

From saying something that I should have never thought of you, of you.

**Ebm**

You re pushing and pulling me down to you.

**F#**

**Badd9**

But I don t know what I want.

**G#m F#**

No I don t know what I want.

**Badd9**

**Ebm**

**F#**

**Badd9**

**G#m**

**F#**

**Badd9**

**Badd9**

Don t know what I want.

**Badd9**

But I know it s not you.

**Badd9**

Keep pushing and pulling me down,

**Badd9**

But I know in my heart it s not you.

Aadd9 C#m E Aadd9 F#m (build up into next line)

**F#** **G#m**  
Now when I caught myself, I had to stop myself,  
**Ebm** **Badd9**  
From saying something that I should have never thought.  
**F#** **G#m**  
Now when I caught myself, I had to stop myself,  
**Ebm** **C#** **F#**  
From saying something that I should have never thought of you.  
**G#m** **Ebm**  
I knew, I know in my heart it s not you.  
**Badd9** **F#** **G#m** **Ebm**  
I know but now I know what I want, I want, I want,  
**C#**  
Oh no, I should have never thought.