

**Helpless Hopeless
Ryanhood**

<http://www.ryanhood.com/>

[A] Todays a [E]day for [D]making vows. No more doubt.[A] [E] [D]
[A]Todays a [E]day out of [D]all my years, no more fear[A]. [E] [D]
And [A]even [E]though I [D]cant see a way, cant see how,
[A]still I will press [E]forward like a [D]warrior. Yeah yeah yeah. **A E D A**
E D

But [E]I [D]need [E]some [D]help. [E]Help, help, help me, cuz I am

[A]Helpless[E], hopeless[D]. Grab hold never let go of me Im
[A]Helpless,[E] hopeless[D]. So glad to know you know me.
[E]I [D]need [E]some [D]help. [E]Help!

[A]Todays a [E]day for [D]letting go.
[A]Promises I have [E]broken, [D]words that I have spoken.
[A]Really, [E]I dont [D]know.
Cuz I[E] remember the time I [D]almost died
[E]Smoked myself up [A]way too high.
[E]Wrap myself round [D]mamas feet. My [E]heart was beating so quickly.

I [A]wonder if this could [E]be the end, or is [D]this where everything begins.
[A]Should I let go [E]of my mind, and [D]leave this all behind.

Cuz I am [A]helpless[E], hopeless[D]. Grab hold never let go of me Im
[A]Helpless[E], hopeless[D]. So glad to know you know me.
Cuz [E]I [D]need [E]some [D]help. [E]Help me, help me, help me cuz I am
[A]Helpless[E], hopeless[D]. Grab hold never let go of me Im
[A]Helpless[E], hopeless[D]. So glad to know you know me.
Cuz [E]I [D]need [E]some [D]help. [E]Help. [A]