

Help Yourself
Sad Brad Smith

E
I know you ll help us When you re
C#m
Feeling better and we realise
A
That it might not be for a long, long time
E
But we re we leave the wheigth on you
C#m
We believe in everything that you can do
A
If you could only lay down your mind

E A E
I ??want you to try to help yourself
E C#m
Take the time to take apart. Each brick that sits outside your heart
A E
And look around you. There s people everywhere
C#m
No they don t always show. They re just as scared
A E
And we d be more prepared If we pulled on through

E A E
I ??want you to try to help yourself

C#m
Oceans of water underneath our feet
E
Terrible design
C#m
Dusty rooms you cannot sweep
B
Clouding up your mind

E
I know you ll help us When you re
C#m
Feeling better and we realise
A
That it might not be for a long, long time
E
But we, we lend the weight on you
C#m
We believe in everything that you can do
A

If you could only lay down your mind

E A E
I ?? .want you to try to help yourself